



Our Vision

Torbay is a place where:

*Our environment contributes
to good health & everyone
can enjoy good mental and
physical health*

Contact Us

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TORBAY COUNCIL

PublicHealth

**Public Health Specialty
Training in Torbay**

*Working to improve health
& quality of life in Torbay*



About Torbay

Torbay is a coastal unitary authority with a population of around 140,000 covering the towns of Torquay, Paignton and Brixham.

It has a stunning natural environment and is a popular tourist destination.

Alongside this there are high levels of poverty, inequalities and ill-health.

Torbay has a national reputation for integrated care, with a public sector committed to working in a joined-up way to improve health and wellbeing and to deliver excellence in health and care.

Find out more about the Bay, and our public and business partnerships:
[Torbay Story - Our story](#)



Find out about community led development in Torbay: [VIDEO: Making Melville Marvellous Again - The Point Torquay](#)

We have a very active community sector and work in partnership across voluntary and statutory organisations on all of our public health programmes.

This commitment provides a firm foundation on which to tackle the significant health and wellbeing challenges experienced by our population.

Key Challenges

Many people in Torbay experience significant poverty

Torbay is ranked as the most deprived local authority in the south west, with high proportions of children living in poverty and in contact with care services



- There are significant inequalities, with an eight year difference in life expectancy between areas of high and lower deprivation
- Many people live alone, and we have a high proportion of old and young carers
- A third of residents are expected to be over 65 by the middle of the next decade
- The proportion of the population living with long term conditions such as diabetes, cardiovascular or respiratory diseases is high
- Around 1 in 3 adults and 1 in 3 year six children across Torbay are estimated to be obese
- Torbay is a national outlier for suicide and self-harm
- Rates of homelessness are high

Our Health & Wellbeing strategic priorities:

Healthy neighbourhoods where people of all ages can live, work and thrive

Healthy spaces for children & young people

Healthy work

Healthy ageing



We have workstreams seeking to:

Turn the tide on poverty

Get Torbay on the Move

Promote *Living Longer Better*

Underpinning all our work is a focus on public & professional partnerships and reducing inequalities

You can find out more about our population here:

[TORBAY JOINT STRATEGIC NEEDS ASSESSMENT 2025/26](#)

For information about our strategic priorities see our Joint Health and Wellbeing Strategy:

[Torbay|HWS202630draftdocument VI21125.pdf](#)



Our Team

In Torbay we are a small team but a passionate one

We are at the forefront of integrated working and have high levels of trust and good relationships, both across the Council and also within the Integrated Care System and Local Care Partnership



We welcome registrars and other training and fellowship posts, and we learn a lot from all who have trained with us

We have excellent academic and research links

Being a relatively small, unitary authority, we have extensive opportunities for registrars to get involved in and lead on a wide range of programmes

Team members are held in high regard across the partnership, and we believe strongly in co-production and collaboration. If you want to learn about working in complex adaptive systems, this is the place

Examples of registrar work

Gambling Harms Health Needs Assessment

NHS Health Check guidance for patients

Annual Public Health Report

Development of local HIV Action Plan

Scoping new approaches to Digital Inclusion

Health Impact Assessment for Combined Authority Transport Plan



To find out more...

For a chat about training in Torbay please contact our Specialty Tutor:

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