



## Employing a Personal Assistant

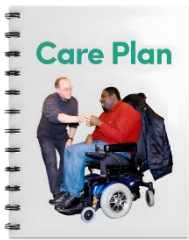
### Who can employ a Personal Assistant?

A Personal Assistant can be employed by anyone who has a Direct Payment to help them meet their needs.



### What can a Personal Assistant do?

Personal Assistants help people meet the care and support needs written in a care plan.



Everyone has different needs.



It is important to think about the care and support that is needed and how it will be provided.



It is important to know what the Personal Assistant will need to do.

A Personal Assistant can help with

- Personal care, washing and dressing
- Helping with social activities
- Paperwork, forms and appointments
- Keeping the house clean and tidy
- Reminders about medication
- Caring for the family





- Getting to work or looking for a job
- Shopping
- Going out in the community
- Supporting family Carers who need a break from their caring role.



Personal Assistants can be employed in different ways.

It is important to get the right information about employing Personal Assistants.



Adult Social Care services can help with this.



Useful documents and links

[Employing someone to work in your home: Overview - GOV.UK](#)

[Being in Control: Getting Personal Assistants \(PAs\) | Disability Rights UK](#)

[Individual Employers](#)

[PA working and CQC registration](#)

[Support for individual employers and PAs](#)

