

# Autism Myths



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## **MISCONCEPTION: EVERYONE IS A LITTLE BIT AUTISTIC**

This myth trivialises the challenges of autism that autistic people face

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## **YOUNG CHILDREN ONLY**

Autism is a lifelong condition. Many individuals are not diagnosed until adulthood, particularly if they mask their autism

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## **THERAPIES CAN CURE AUTISM**

While therapies can help improve skills and coping mechanisms, they do not cure autism

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## **HOMOGENEITY IN AUTISM**

Autistic people do not share the same characteristics and challenges. There is a vast diversity within the autism spectrum

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## **STIGMA: AUTISTIC PEOPLE LACK EMPATHY**

Many autistic people experience deep emotional connections and understand others' feelings