



Our Vision

Torbay is a place where:

*Our environment contributes
to good health*

*Everyone can enjoy good
mental and physical health*

Contact Us

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TORBAY COUNCIL

PublicHealth

**Public Health Specialty
Training in Torbay**

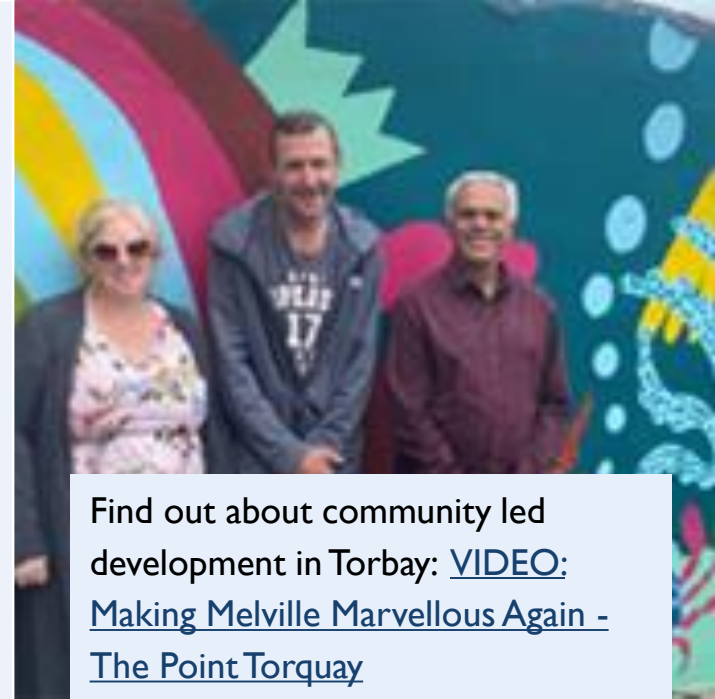
*Working to improve health
& quality of life in Torbay*





Alongside this there are high levels of poverty, inequalities and ill-health.

Torbay has a national reputation for integrated care, with a public sector committed to working in a joined-up way to improve health and wellbeing and to deliver excellence in health and care.

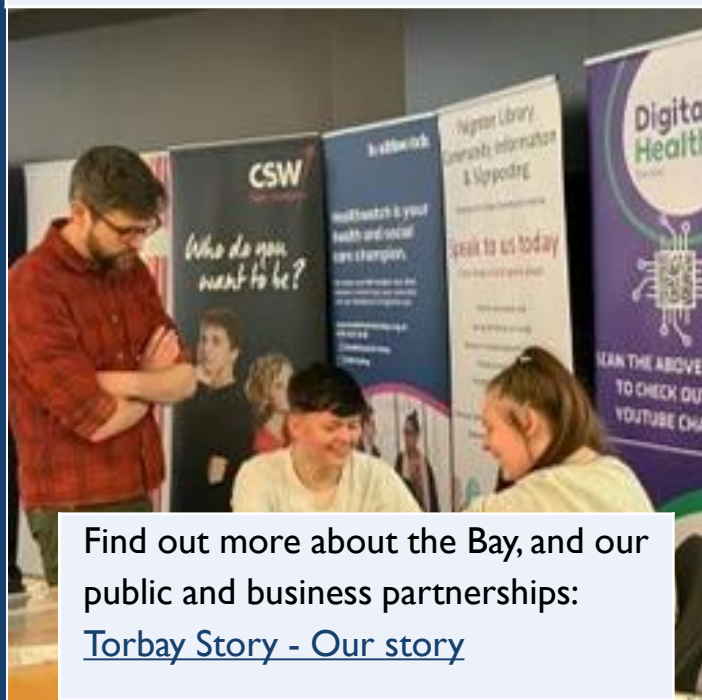


Find out about community led development in Torbay: [VIDEO: Making Melville Marvellous Again - The Point Torquay](#)

About Torbay

Torbay is a coastal unitary authority with a population of around 139,000 covering the towns of Torquay, Paignton and Brixham.

It has a stunning natural environment and is a popular tourist destination.



Find out more about the Bay, and our public and business partnerships: [Torbay Story - Our story](#)

We have a very active community sector and work in partnership across voluntary and statutory organisations on all of our public health programmes.

This commitment provides a firm foundation on which to tackle the significant health and wellbeing challenges experienced by our population.

Key Challenges

Many people in Torbay experience significant poverty

Torbay is ranked as the most deprived local authority in the south west region, with high proportions of children living in poverty and in contact with care services



- There are significant inequalities, with a six year difference in life expectancy between areas of high and lower deprivation
- Many people live alone, and we have a high proportion of old and young carers
- Torbay is a significant national outlier for suicide and self-harm
- The proportion of the population living with long term conditions such as diabetes, cardiovascular or respiratory diseases is high and increasing
- More than 1 in 4 people across Torbay are estimated to be obese and 2 in 3 people are overweight
- Rates of violent crime, domestic violence and abuse, and youth offending, are high

Our Health & Wellbeing Strategic priorities:

Good start to life

Good mental health and wellbeing

Supporting people with multiple complex needs

Healthy ageing and digital inclusion



We have workstreams seeking to:

Turn the tide on poverty

Get Torbay on the Move

Promote *Living Longer Better*

Underpinning all our work is a focus on public & professional partnerships and reducing inequalities

You can find out more about our population here: [TORBAY JOINT STRATEGIC NEEDS ASSESSMENT 2023/24](#)

For information about our strategic priorities see our [Joint Health and Wellbeing Strategy: Joint Health and Wellbeing Strategy 2022-2026 - Torbay Council](#)



Our Team

In Torbay we are a small team but a passionate one

We are at the forefront of integrated working and have high levels of trust and good relationships, both across the Council but also within the Integrated Care System and Local Care Partnership

Our Director of Public Health is the Senior Responsible Officer for population health inequalities within Devon



We welcome registrars and other trainees, and learn a lot from all who have trained with us

We have excellent academic and research links

Being a relatively small, unitary authority, we have extensive opportunities for registrars to get involved in and lead on a wide range of programmes

Team members are held in high regard across the partnership, and we believe strongly in co-production and collaboration. If you want to learn working in complex adaptive systems, this is the place

Examples of registrar work

Alcohol and healthy behaviours health needs assessments

Development of the Joint Health and Wellbeing Strategy

Exploration of the role of Public Health in tackling climate change

Review of experience of screening services for people with severe mental illness



To find out more...

For a chat about training in Torbay please contact our Specialty Tutor:

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