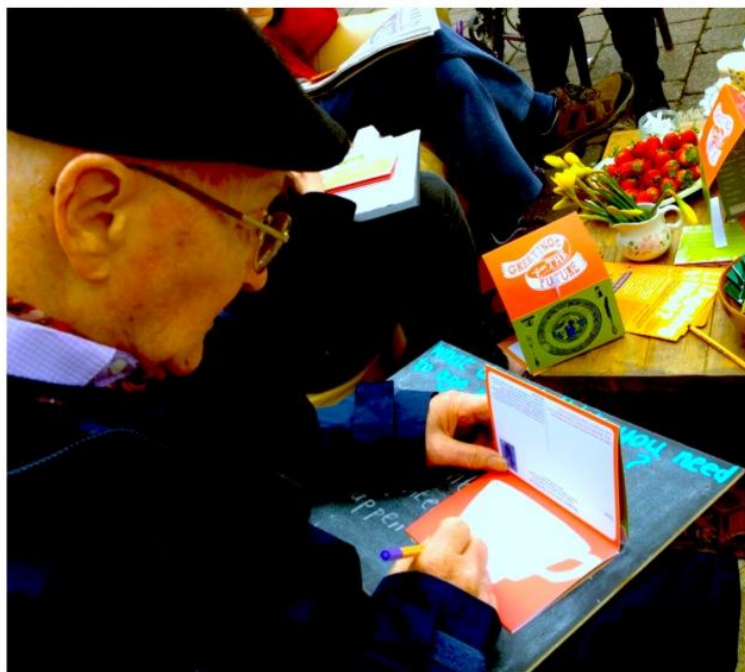




AGEING WELL IN BRIXHAM,
PAIGNTON & TORQUAY





Older people feel their lives have value and purpose

- Older people are supported to ensure a clear sense of identity (e.g. in their moving out of paid work or to new phases of life)
- Older people are encouraged to care for their health
- Older people are supported to contribute to their community
- Middle-aged people (35-50) view older age as an opportunity

Older people are well connected with friends, in their communities and enjoy where they live

- There is an increased sense of ‘neighbourliness’ amongst Torbay residents, and in particular older people
- Older people are more engaged in a broader range of activities and interest groups in the local community
- Older people have greater access to ICT, including social media
- There are more opportunities for older people to enjoy the beauty of our surroundings, they feel safe in their local environment and have improved transport options

Older people have higher personal and service aspirations for later life (c.75+)

- Older people are provided with opportunities to lead and make decisions relating to issues that affect them
- Older people know where and how to find support if required
- Older people are involved in the design of the services that are provided for them and organisations are prepared to provide services differently
- Older people are stimulated to learn in later life

Older people are valued by the community, older age is celebrated and regarded positively by individuals and the community

- There are more opportunities for others to benefit from the skills and experience of older people in Torbay
- There are more community groups and activities for older people and younger generations to connect, including opportunities for mentoring and sharing learning
- Young people will have a better understanding of older people and the positive things about getting older

- How do you ensure older people feel valued and respected?
- What activities are available for older people?
- What else could be done to reduce social isolation?