

Adult Social Care Newsletter

May 2015


South Devon and Torbay
Clinical Commissioning Group



The Care Act – A brief Overview

This link below has a useful Power Point which outlines the Care Act in brief.

This presentation gives an overview of the Care Act and is designed for use by care home managers or anyone in a similar position who wishes to make a presentation on the Care Act or share information with staff and colleagues.

To access this power point presentation: 1) click on the link below, 2) go down to PowerPoint presentation Guide to the Care Act, 3) click on The Care Act for Providers (PowerPoint, 48 slides, 322KB).

http://www.local.gov.uk/care-support-reform/-/journal_content/56/10180/6527719/ARTICLE

National Walking Month - 1 to 31 May 2015 (includes Walk to Work Week 11-15 May 2015)

It's good to walk

This year for National Walking Month, Torbay and Southern Devon Health and Care NHS Trust and South Devon Healthcare NHS Foundation Trust are extending their message of support and encouragement around the exercise benefits of a simple walk, not only to the general public but also to their staff.

Both organisations will be encouraging employees to put down their medical equipment, and turn away from their computer screens to enjoy their local surroundings during allocated work breaks. The idea behind this campaign is to remind us all how rewarding and easy it is to take part in a low cost and simple exercise regime especially when we live in such a beautiful part of the country.

As part of the awareness raising month and a

commitment to the wellbeing of staff, a range of specific walks that are based in and around key working locations across all main Trust sites have been organised. Each walk has been designed to take no longer than half an hour and will be attended by a designated walk leader as part of a planned timetable. If staff are unable to attend these led walks, the route will be advertised and promoted through internal communication channels so all employees can enjoy at their own convenience.

Walking is a low-impact, gentle and free form of exercise that is suitable for people of all ages and abilities, so very few excuses for not giving it a try! Why don't you grab your comfy trainers or neglected walking boots and join in National Walking Month!

Visit our local Community Fitness page http://www.torbaycaretrust.nhs.uk/yourlife/healthy_lifestyles/Pages/CommunityFitnessTeam.aspx to discover what walks you can take part in and around Torbay or call 0300 456 1006 for more information.

National Walking Month is a national campaign run in the month of May every year by Living Streets the charity that 'stands up for pedestrians'. They work with the general public to create safe, attractive, enjoyable streets where it is great to walk.



Skills for Care

Skills for Care develops skills and qualifications and supports employers of adult social care workers to improve the quality of service delivery across England. They work with the social care sector making sure the right workforce values, behaviours and cultures are in place and supported by quality learning and development plans. Together with key partners they created the qualifications that reflect the various social care roles in the sector.

All of this work is supported by the Workforce Development Fund (WDF) - funding which they distribute on behalf of the Department of Health to support employers (including individual employers) to train their staff.

The WDF can be accessed by employers who have an up to date National Minimum Data Set for Social Care (NMDS-SC) account.

It can be applied for to cover the cost of social care qualifications or part qualifications on the QCF Level 2, 3, 4 and 5.

For further details please contact:

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Muti-Provider Forum

A Multi Provider Forum looking at improving health and well being in care, will take place at 9am – 1:30pm on Thursday 28 May in the Burdett Room at the Riviera International Conference Centre, Chestnut Avenue, Torquay TQ2 5LZ.

Service providers and service users are invited to attend the forum. The forum will focus on sharing good practice, policy and strategy to improve care, the workforce, business and commissioning in Torbay.

Caroline Taylor, Torbay Council's Director of Adult Services and Mairead McAlinden, the new Chief Executive Officer at Torbay & Southern Devon Health Care Foundation Trust will be attending.

The agenda will include an update on the Integrated Care Organisation (ICO), the Care Act, an update from the CCG and Skills for Care.

For further information on this and future forums please contact Lisa Butcher or Chris Lethbridge on: 01803 2088793 or 01803 208795

Devon and Torbay Blue Light Days.

Torbay Blue Light Day is being held locally at Torbay Leisure Centre, Penwill Way, Paignton TQ4 5JR from 10am – 2pm on Thursday 18 June during National Learning Disability Week.

The aim of the day is to raise awareness about all the services that are available in Torbay to people with a learning disability to keep them safe. It has been arranged for people with learning difficulties, their friends, families and carers. There will be lots of stalls to look at with information and advice about keeping safe. Different agencies will come together for the day and provide information on keeping safe. Devon and Cornwall Police, Torbay Care Trust, Torbay Safeguarding Team, the Ambulance Service, the Fire Service, Torbay Council, Street Wardens, Street Pastors, Mencap and ROC all will attend, alongside many other agencies. A strong focus will also be given to men and women's health.

The Devon Blue Light Day will be held on Wednesday 29 July from 10am- 2pm at St Luke's

School, Hart's Lane, Exeter, Devon EX1 3RD.

Both these days are free multi agency events for people with disabilities and their carers. The Theme is "Be Healthy, Be Active and Be Safe" and there will be sport, music, emergency services, wellbeing and healthy living inputs throughout the day, along with VIP guests and exhibitions.

Introducing Kate Marks – new Diversity Officer, Devon and Cornwall Police



Hello! I'm PC 5915 Kate Marks and I've recently joined the Diverse Communities Team within the Devon and Cornwall Constabulary and I will be working throughout Torbay, Teignbridge and the South Hams.

I have been a police officer for over thirteen years and although I have completed a variety of roles, the ones that I have enjoyed the most have always been public facing and involve meeting people with a variety of different experiences, so it was a privilege for me to be accepted as a diversity officer.

My key responsibilities include identifying communities who are at risk of discrimination and victimisation and actively engaging with them to develop and maintain relationships, providing reassurance and promoting community cohesion, acting as a pivotal link between the police and community, monitoring reported hate crimes and incidents and attending events and meetings where I can make a positive contribution.

My personal aims are to build greater confidence in the police and to understand and address the issue of incidents not being reported to police by individual communities.

If you have any concerns or issues that you would like to discuss, then please feel free to contact me – I look forward to meeting many of you at the forthcoming Devon and Torbay Blue Light Days.

New Chief Executive announced for Torbay Hospital

22 December 2014

South Devon Healthcare NHS Foundation Trust has appointed a substantive Chief Executive to lead the Trust as it prepares to integrate with Torbay and Southern Devon Health and Care NHS Trust.

Mairead McAlinden, has relocated to Devon from Northern Ireland and took up the post in April 2015. She has personal experience of integrating health and care services in her role as Chief Executive of the Southern Health and Social Care Trust, which she held since September 2009.

Announcing the appointment, Sir Richard Ibbotson, Chair of South Devon Healthcare NHS Foundation Trust, said: "We had an exceptionally strong field of candidates for this post, which I believe reflects our track record of providing excellent health and care and our innovative and ambitious agenda to be a national lead for integrating and delivering truly person-centred services."

"The recruitment process was challenging for our candidates, involving focus groups with staff from both trusts, consultants and external stakeholders, as well as presentations, informal interviews and a formal interview, whose panel included the Chairman of Torbay and Southern Devon Health and Care NHS Trust. Mairead already has experience of integrating different organisations successfully, but what particularly inspired us was her vision and leadership style. She clearly leads by example and understands the scale of the challenge that lies ahead for us. We look forward to welcoming her to Torbay."

"I would also like, at this point, to publicly

acknowledge the outstanding manner in which our Interim Chief Executive, Dr John Lowes, has led the Trust through a challenging summer, for which we owe him a huge debt of gratitude."

The appointment of Ms McAlinden as Chief Executive was ratified by the Trust's Council of Governors. Lead Governor, Cathy French, who was also on the interview panel, commented: "Mairead's passion for working with staff to do the right thing for patients came across very strongly at all stages of the recruitment process. She is an excellent advocate for empowering staff to deliver innovation - with patients and service users always in mind. Her experience of integrated services in Northern Ireland will be put to very good use in our health community."

Mairead has worked in a range of health and social care posts since 1992. Her last five years have been spent leading an integrated health and social care Trust in Northern Ireland, with an income of £550million and 13,000 staff serving a population of around 400,000. The Southern Health and Social Care Trust is recognised in Northern Ireland and beyond as high performing, innovative and with excellent safety and quality outcomes. Under Mairead's leadership, the Trust has been a CHKS Top 40 Hospital* for the last three years. Her previous role within the Trust was as Deputy Chief Executive/Director of Performance and Reform, and part of the leadership team that managed the integration of four Trusts into the new Trust in 2007. Before this Mairead was the Regional Director of Integrated Care and Treatment Services (2006) in the Department of Health and Social Services in Northern Ireland and Director of Planning and Performance (2002 to 2006) for the service commissioning organisation for the Southern area of Northern Ireland.

Commenting on her appointment, Mairead said: "I am delighted and honoured to be offered the post as your new Chief Executive, and am truly inspired by Torbay and South Devon's vision to become an exemplar for the integration of health and social care services. My focus will be to build on the excellent work and world class innovation I have already seen in the leadership of the Trust and in the front line staff I have met.

"In the short time I was here for my visit and then my interview, I was overwhelmed by the warmth of the welcome I received from members of the

Trust Board, staff, Governors, and our local partners in council and commissioning, and I saw clear evidence of the culture of caring and the deep sense of responsibility to local people who need our services. I look forward to working alongside you to continue the journey of improvement for the population of Torbay and South Devon."

"I always say that if something is not good enough for me or my family, it's not good enough for anyone, and I sense that's how it is here too. It's a challenging time for the NHS in England, but I know that we can meet the challenges, because we are building on an excellent foundation. As we work together to develop the integrated care organisation, our two Trusts have plenty of experience to bring in showing what excellent services can look like in future."

Interim Chief Executive, Dr John Lowes, commented: "Mairead is joining a committed and innovative team at a very exciting time in our history. We look forward to welcoming her to Torbay and I shall give her my full support."

Dr Jon Andrewes, Chair of Torbay and Southern Devon Health and Care NHS Trust, added: "Mairead was an exceptional candidate and quickly won the support of everyone she met. She is very fortunate to be taking over from John Lowes, who has done a superb job as Interim Chief Executive. He has won the confidence and support not only of clinicians, but of all our staff and stakeholders and is handing over a well led, well managed and cohesive organisation."