



For care
experienced
young people

What is My Voice ?

**Is a social action & activity group for young people 16+
care experienced & care leavers**

Would you like to spread your wings ?

Are you open to new opportunities ?

**Trips , Adventures , New Skills , Workshops &
Getting Support With The Real Issues That
Effect You**

Every Thing Is Free !

Transport Costs

Food

Support

Pick Up Your Free Ear Buds

**If you're interested or want to find our more
call /text**

Sophie Hunt on 7485305292

You can also ask your PA about My Voice

email: admin@torbayyouthtrust.org.uk

Website: torbayyouthtrust.org.uk

Torbay Youth Trust Facebook /discord

Sat 5th February @ The Box Plymouth + Lunch
A Box Of Delights , Museum & Art Gallery , Light Installations , Under
Water Wrecks , & Traditional Mind Blowing Aboriginal Art
11 - 3pm

Tues 15th February Drop In My Voice @ Chilled Out Youth Space
Mental Health & You + Art + Pool + Food
6-8pm

Wed 2st March @ ADRENALIN Plymouth
Wake Up , Get Your Body Pumping , Jumping & Bouncing + Food
4pm-8pm

Tues 15th March Drop In My Voice @ Chilled Out Youth Space
Avocados Advocacy Will Be Here To Give Advice + Art + Pool + Cooking A
Meal
6-8pm

Tuesday 5th April
Fish & Chips On The Beach
6-8pm

Tues 19th April Drop In @ My Voice Chilled Out Youth Space
Social Action , What Is It , Why Bother , Who Cares ?
We'll be looking at projects we can get involved in + Food
6-8pm

Tues 3rd May @ Luton Orchard Conservation Skills . Learning To Use Axes,
& the Biggest Saw You Have Ever Seen, Fire & Food
6-8pm

Tues 17th May Drop In My Voice @ Chilled Out Youth Space
Health & Keeping Well + Art + Food
6-8pm

Sat 28th May @ The Beach Day & BBQ
A Day Trip By Mini Bus To A Beautiful South Hams Beach
11-3pm

Tues 14th June Drop In My Voice @ Chilled Out Youth Space
Lets Talk About Sex + Art + Pool + Food
6-8pm

Saturday 18th June @ Paignton Zoo Trip & Lunch
11-3pm

Tuesday 5th July
Over Night Camp . Times & Venue To Be Confirmed

Sign Up To Our My Voice WhatsApp Group