

## Early Help Locality - Paignton

Tuesday 14<sup>th</sup> September 2021

15.00 – 17.00 via MS Teams

### Present:

Mark Gray (Chair)	MG	Peopletoo
Alison Wesley	AW	Devon Sexual Health
Sarah Aston	SA	Torbay Council (Public Health)
Alex Smith	ALS	South-West Intervention Services
Annette Smith	ANS	Torbay Council (Portage)
Charlotte Gunbie	CG	Kings Ash Academy Paignton
Courtney Phillips	CP	Preston C of E Primary School
David Bevan	DB	Torbay Council (Elective Home Education Team)
Eva Rose	ER	Oldway Primary School
Natalie Collins	NC	Paignton Academy
Rachel Dimeck	RD	Curledge Street Academy
Rebecca Goddard	RG	Roselands Primary School
Sarah Pengelly	SP	HAF Programme Manager
Stuart Heron	SH	Mayfield School
Theresa Bennett	TB	Spires College
Thomas El-Hoss	TEH	TMRF
Tom Evans	TE	TBC
Vashti Wilks	VW	0-19 Service
George Morley	GM	Peopletoo

### Apologies:

Debra Mountford	DM	Paignton Academy
Paula French	PF	White Rock Primary

### Minutes of Previous Meeting

The minutes of the meeting held on the 6<sup>th</sup> July were accepted as a true record.

### Terms of Reference for the Locality Networks

The Terms of Reference for the Locality Network meetings were shared and agreed. These have been distributed to the group and will be made available via the Early Help website.

Peopletoo are currently chairing the Network meetings but beyond February 2022, when Peopletoo's time, it was stated that we would need to establish new chairing arrangements. Partners were asked to consider if they had any thoughts as to how we may establish these.

### Mapping of Locality Network Partners

A mapping exercise was agreed which will visually map the partners involved in the Locality Networks onto a map of Torbay, showing which services are where, the service offered, and the client group worked with. This is to help partners build their knowledge of partners' work and increase the potential for more integrated working.

## **Feedback from the Early Help Board**

Key points of information include:

- The governance of Early Help is change from the current arrangement which will see the Early Help Board and 0-19 Partnership merge its functions. There will then be 3 tiers of governance:
  - A Strategic Board with a focus on overall monitoring and evaluation of the delivery of the Early Help model, and a focus on identifying and acting upon any necessary “systems change”
  - A Commissioning Group which will take the intelligence and knowledge from the Locality Networks and the partnership working which is a fundamental part of these, and use this intelligence to inform decisions about commissioning and resourcing. This will also include the intelligence provided by the voice of communities
  - The Locality Networks, which as per the Terms of Reference will act as the operational, delivery groups which promote and implement partnership / integrated working
- A draft Early Help Strategy has been pulled together which draws together the key themes from two guidance documents – one on the model itself and one on Early Help Assessment – and pulls them into a simple strategy which articulates the vision for Early Help in Torbay and how this is delivered. This will be circulated for comment
- It is acknowledged that the Council’s Early Help website is currently in need of updating, and action is being taken to address this. The intention is that this site contains all the guidance documentation relating to Early Help, information about the Locality Networks, information about training, up to date Early Help Assessment and Early Help Plan templates, and ultimately links to other useful sites. When this has been done, the link will be distributed to partners

## **Early Help Assessment Training**

Partners were reminded that training on Early Help Assessment, Lead Professional and Team around the Family processes was now available. The dates of these have been circulated to partners with a link to sign up. The first of these sessions has taken place and gone well.

## **Supporting young people to navigate sex, relationships, consent and safeguarding in 2021’ (including C Card Services)**

A keynote presentation was given by Sarah Aston from Public Health and Alison Wesley of Sexual Health Devon. Please see attached for the slides and documentation from this.

Presentation and group discussion included:

- The history of under 18 conceptions in Torbay, and some patterns and trends
- A map showing the varying rates of under 18 conceptions across the Bay, with discussion about some of the narrative behind these
- The key elements of a successful approach to positive sexual health in young people, and where it was felt that Torbay was either strong or in need of development
- Discussion as to what makes a healthy relationship compared to one that is unhealthy, and around sexually harmful behaviours, with a link to a Harmful Sexually Behaviour Framework, an evidence-informed framework for children and young people displaying harmful sexual

behaviours. The group also discussed some of the work being undertaken currently in relation to sexually harmful behaviour

- Information about the C Card scheme, where this can be accessed and a call out to any other partner who could become a delivery partner / access point to this. Full, free training would be given to any partner who is interested and the arrangements made for stock and supply, and this promotes the concept of services being accessible to young people through services that they trust and in locations that they feel comfortable accessing
- A digital approach to the C Card scheme is also being developed to make access even easier
- Currently, access points can be found at **devonsexualhealth.nhs.uk** – click on “contraception” – “c card” and then go to the word “here” in the sentence “A list of available registration and collection sites is available here. Remember to select CCard from the drop down list”.
- The group also discussed the role of partners beyond the C Card programme and more into the realms of having informed conversations with young people about sexual health, and their entitlement to positive sexual health and relationships. The group also discussed the importance of also having conversations with young people about wider issues which may either be leading to or as a result of poor sexual health / relationships, so that they can help young people navigate the interdependencies between different issues

Other useful links include:

Rise Above: <https://riseabove.org.uk/>

Eddystone: <https://eddytone.org.uk/pages/training>

FPA: <https://www.fpa.org.uk/product-tag/speakeasy-resources/>

[https://www.fpa.org.uk/?s=Parents&post\\_type=product](https://www.fpa.org.uk/?s=Parents&post_type=product)

NHS (Talking about sex):

<https://www.nhs.uk/Livewell/Talkingaboutsex/Documents/DCSFtalktoyourchild.pdf>

### **Early Help Newsletter**

We intend to develop an Early Help Newsletter to keep the momentum of the Locality Networks going outside of these meetings, with news, links, training opportunities etc and also to share the great work of partners. This is likely to be distributed on a quarterly basis, and a call for anything that people would like to include will be coming out shortly.

### **Date and Time of Next Meeting**

These are to be established but likely to be mid November, with the possibility of meeting in person if the current situation allows.