

## Early Years SEND and Vulnerable Children's Bulletin 6

March 2021

## Welcome

Updates and news for Early Years setting SENDCOs, PSED and SLC Leads in Torbay Early Years settings

### NEW EMAIL ADDRESS FOR ACTIVITY LED FUNDING APPLICATIONS

Please get your ALFEY applications in for the May panel onwards via email only to ALFEY@torbay.gov.uk

Please ensure that all your applications are completed on the very latest application forms, found on the website <u>SEND Inclusion in Early</u> Years - Torbay Council

Please ensure that applications are received by the submission date. Remember that applications received late, will be looked at the following panel.

Ensure that you submit an Individual learning and development plan (ILDP). The form and guidance notes are found on the Early Years Inclusion web page SEND Inclusion in Early Years - Torbay Council

Targets should be SMART.

To find out how to write SMART targets, come and attend the training, detailed opposite.





#### **SAVE THE DATE**

## Target writing training

Please join me on

## Wednesday 28<sup>th</sup> April

Choose your time slot

10 -11.30 am

 $2.00 - 3.30 \, \text{pm}$ 

 $6.00 - 7.30 \, \text{pm}$ 

If you want to attend please email me for the training link, with the details of your session choice

Judith.thomas@torbay.aov.uk

Checkout the updated IDLP form and guidance notes on SEND Inclusion in Early Years - Torbay Council

Under forms and records downloads

# Introducing Torbay's new Portage Home Visitor

My One - Page Profile

#### Sarah Moore



I have worked in early years for nearly 10 years. I started volunteering as a home-start visitor whilst completing my degree in childhood studies. I then worked in a pre-school, supporting the Sendco and developing my knowledge of Sen.

### What People Appreciate About Me

As a parent of a child with additional needs, I feel I am able to relate with parents about any worries or struggles they are experiencing.

### What is important to Me

Carrying out my role as a Portage home visitor to the best of my ability whilst continuing to learn and improve. Portage encompasses all of my previous experience and I am really looking forward to working with families and professionals.

## **How to Support Me**

Communication and working together is so important, If I have missed or forgotten something tell me!

## **One-Page Profiles**

A one-page profile captures the essence of the child's character and needs, and acts as a starting point in getting to know them. It isn't designed to replace the reports written by health and educational professionals, but should be a representation of the child's own thoughts and views. A profile needs to be included when requesting an EHCP needs assessment for a child.

Strategies that support children with SEND can often be beneficial to their friends and peers as well. To be more inclusive, you may want to consider doing One Page Profiles with all children on transition into your setting, and review them when things change, or as an ongoing discussion forum with the family/child that's updated regularly.

The following YouTube clip explains the benefit and value of using One Page Profiles from the points of view of children and staff members'

One Page Profile - YouTube

### Look at the example below



## More News

## Communication Access UK Inclusive Communication For All

Millions of people across the UK experience communication difficulties everyday. The Communication Access Symbol and training will support inclusive communication for all.

A partnership of organisations and charities have developed the Communication Access Symbol, a new disability access symbol underpinned by a completely free training package and standards.

The Communication Access Symbol and training will support inclusive communication for all.

FREE training is available and accessible to all businesses and organisations. Once completed they will be awarded a Communication Access Symbol.



For more information please visit <a href="https://communication-access.co.uk/">https://communication-access.co.uk/</a>

## Speech & Language Therapy

If you have a child who needs referring to Speech and Language Therapy, please continue to refer. The service is open, even though appointments may look a little different.



## **Useful links for support**

### Let's Talk and Play

The Torbay 0-19 service continue to offer support for families and this includes within the area of speech, language and communication. The Let's Talk and Play sessions are for children aged 18months to 3 years of age whose parents could benefit from support to make the most of their interactions with their child. A Support Worker from one of the Children's Centres across Torbay will discuss their child's SLC with the parent and give advice as appropriate on interactions and the home learning environment to nurture early language development. The Let's Talk and Play sessions can be accessed via the Early Help Referral form on the 0-19 website (below) or by calling the Admin Hub on 0300 333 5352 and requesting support through Let's Talk and Play.

https://www.smartsurvey.co.uk/s/0to19TorbayEarlyHelpReferral/

### **Neurodevelopmental Assessment Team**

### **Advice Appointments**

Regular advice sessions for parents of children with a diagnosis of autism or those going through the assessment process.

Parents may like an appointment with one of the team to chat about:

- The assessment process
- Advice and ideas to support their child's:
  - o sensory needs
  - o communication
  - behaviour
- Parental concerns
- How to access other services

Please phone 01803 655549 and ask to book an Advice Appointment with the Neurodevelopmental Assessment Team

## Speech and Language virtual drop-in

It's great news that the virtual SLT drop-in sessions are continuing for children under 2. This is mostly for families, but can be accessed by professionals who are not sure whether to be concerned or not. Please share this information with parents so that they can access the drop-in for children under 2 if they have concerns. Alternatively, you as practitioners can access the drop-in yourself to discuss a child under 2 anonymously.

The remaining virtual drop-in dates till the end of term are: 30<sup>th</sup> March, 20<sup>th</sup> April 9:30am – 11:30am 18<sup>th</sup> March, 8<sup>th</sup> April 1pm – 2:30pm

For further information, support or advice regarding early speech, language and communication please do get in touch: <a href="mailto:verity.hyde@torbay.gov.uk">verity.hyde@torbay.gov.uk</a>



# Personal, Social and Emotional Development

Just a gentle reminder, within my role in the EYCAS team, I have a specific 'hat' to support settings to meet the needs of children presenting with more complex emotional and social behaviours. As we know children who frequently present with dysregulation are often trying to communicate their unmet needs. In order to gain and maintain their self-regulation, children with a high level of SEMH needs require specific adult support to regulate their emotions.

We also know dysregulation can have a significant impact on the child in many ways: their sense of themselves within the setting; their relationships with other children and how other children's parents may be perceive them.

A child who frequently dysregulates can also have a significant impact on staff morale as they work on supporting and managing behaviours. Dysregulated children require a high level of patience, empathy and most importantly consistency.

If your setting would like to discuss a child with me please drop me an email to outline the needs (without the child's name) please include their age and a brief overview of their development.

## Katie.mackle@torbay.gov.uk

Wellbeing tips children and parent/carers from National Literacy Trust could be passed on to parents.





**Activities** 

Parent support

Zone In

### Wellbeing tips for your child

- Discuss the pandemic with your child using child-friendly language. Coronavirus: A Book for Children about Covid-19, by Elizabeth Jenner, Nia Roberts, Kate Wilson and Axel Scheffler is an excellent way to engage your child in a positive way Read this book online.
- Reassure your little one that they can always come to you for comfort, and they won't be
  expected to spend any time apart from you.
- Listen and hear your child. It is normal for them to be having more tantrums and could
  be their way of expressing their confusion. When your child is going through this, sit with
  them and let them know that you are there to help them deal with their feelings.
- Reason with your little ones when they are feeling sad, using words like 'I can see you are
  feeling sad and angry right now' and explain why 'because you can't see Grandma.' This
  validates why they are feeling like this way. Reassure them that the situation is
  temporary, and that they will be able to see friends and family in the near future.

### **CLICK ON THE LINKS**

Some links which include some useful information on self-regulation:

7cs supporting social a nd emotional skills.pdf (openobjects.com)

This is useful both within the settings and also to share with parents and carers.

Some of these tips are good for early years children like identifying a safe space and emotional vocabulary!

7 Tips to Improve Your Child's Emotional Self-Regulation | ELG (chinaelg.com)



## National Literacy Trust link for wellbeing:

https://wordsforlife.org.uk/p arent-support/supportingyour-little-ones-duringlockdown/?mc cid=0cab96 4611&mc eid=ac40ae300a