

# Welcome!

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**TORBAY COUNCIL**

# Outline of the session

- Welcome
- COVID Champs – overview
- How to (encourage others to) sign up
- Update on Covid-19 in Torbay
- Testing
- Feedback
- Questions

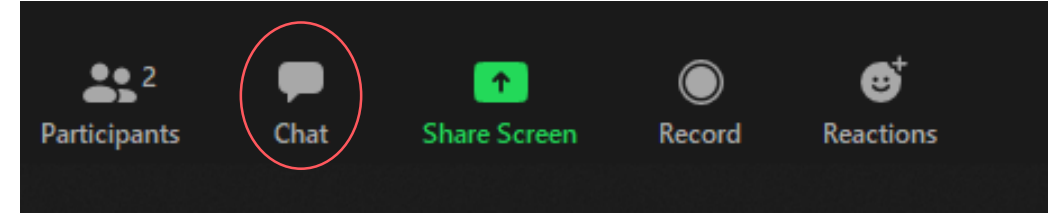


# Webinar Etiquette

- Please stay on mute unless speaking
- If you want to speak please raise your hand (further slide gives instructions)
- If your signal is poor, the host may disable your video (if on) as this helps with band width
- Please post questions in the chat
- Open forum, please be friendly and kind
- If not relevant to others, please email [Champions@torbay.gov.uk](mailto:Champions@torbay.gov.uk)

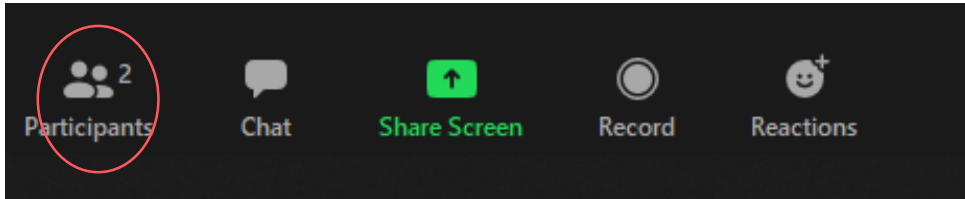
# If you have a question...

If you have a question please write it in the chat:

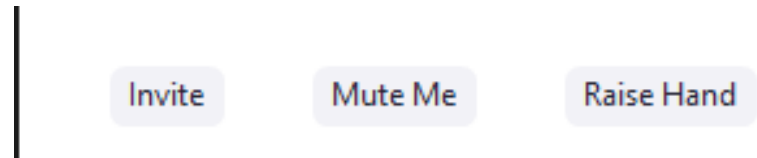


If you want to speak, please raise your hand by:

1) Click on participants at the bottom of your screen



2) Your participant screen will pop up with the option to 'raise hand'



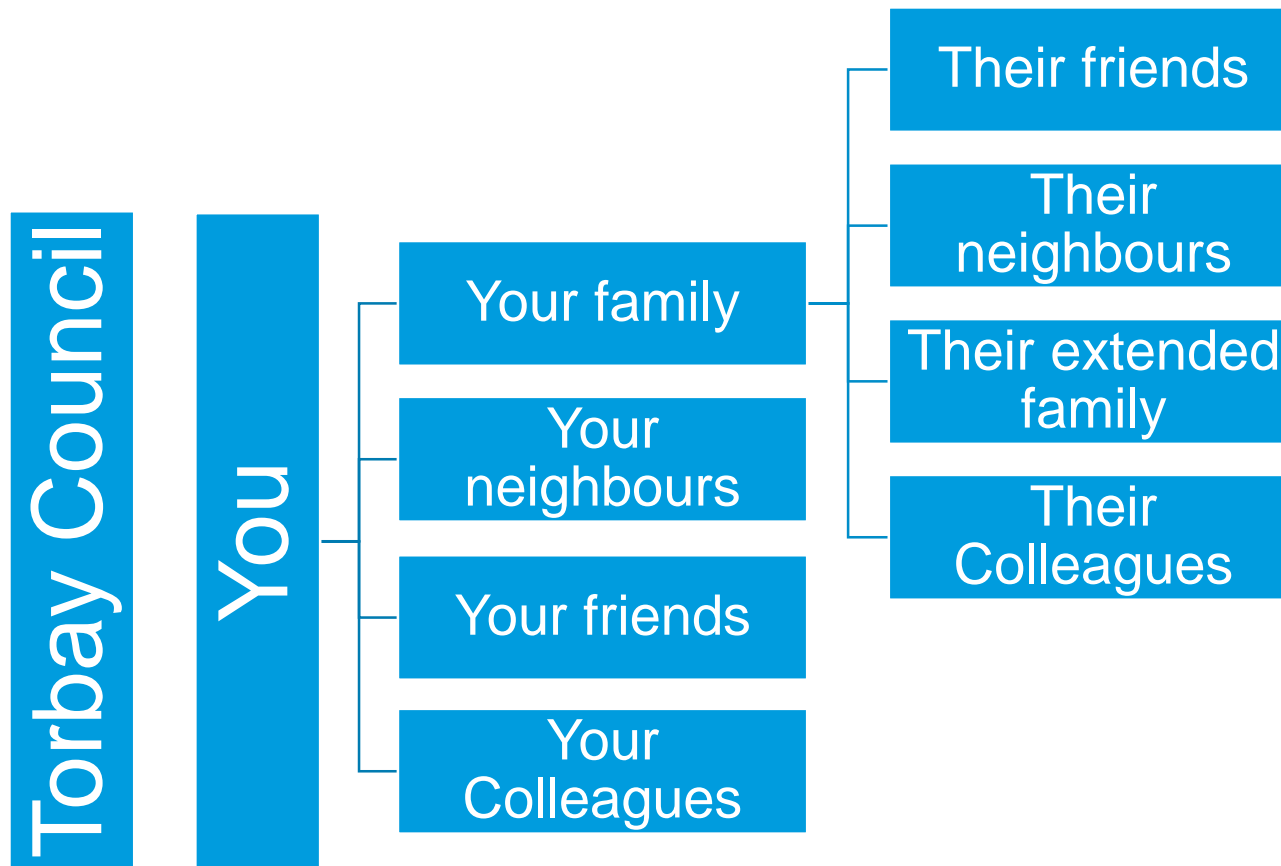
3) Click on 'Raise Hand' to enable the host to see you; a blue hand will then appear



4) The host will unmute you after inviting you to speak

**What are we  
asking you to do?**





# Share credible COVID-19 information, however you want!



- Learn about COVID-19 and how to stop the spread
- Share credible information with others
- Support others to access credible information, advice and support.

**Encourage others to sign up to be a champion!**

**<https://www.torbay.gov.uk/covid-champions>**

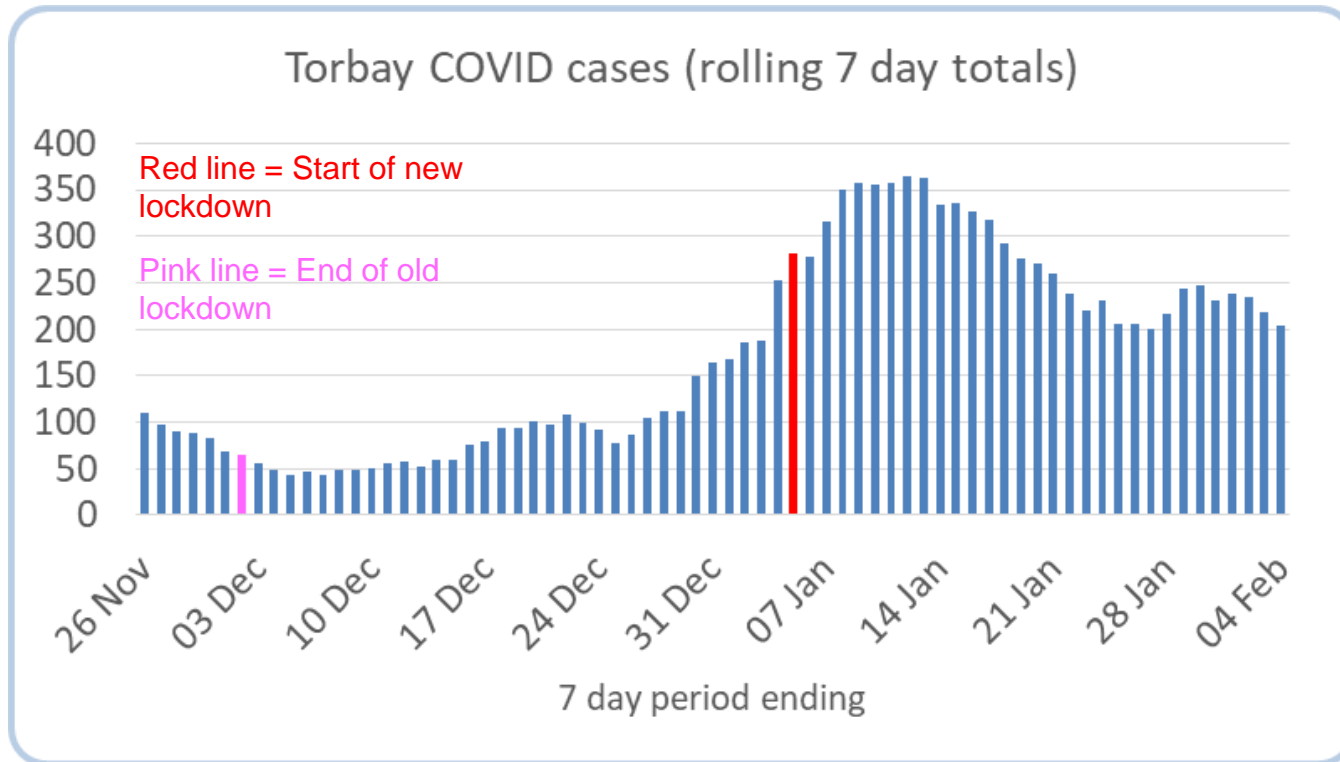




# Torbay and COVID-19



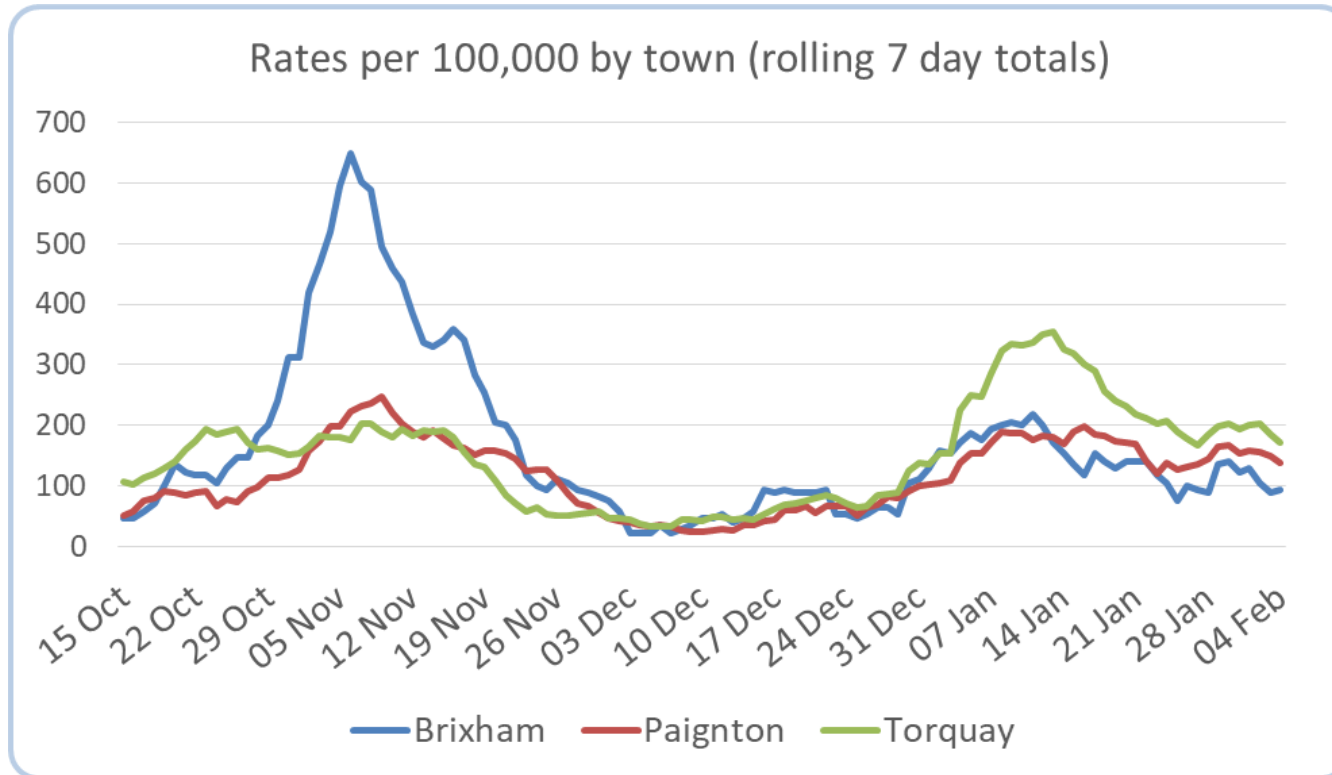
# COVID Cases – Local



- Rates started to plateau and slightly rise during late January into early February.
- The latest data is for the 7 day period ending 4<sup>th</sup> February. Number of cases is 203 (149.0 per 100,000 people)

Source: <https://coronavirus.data.gov.uk/>

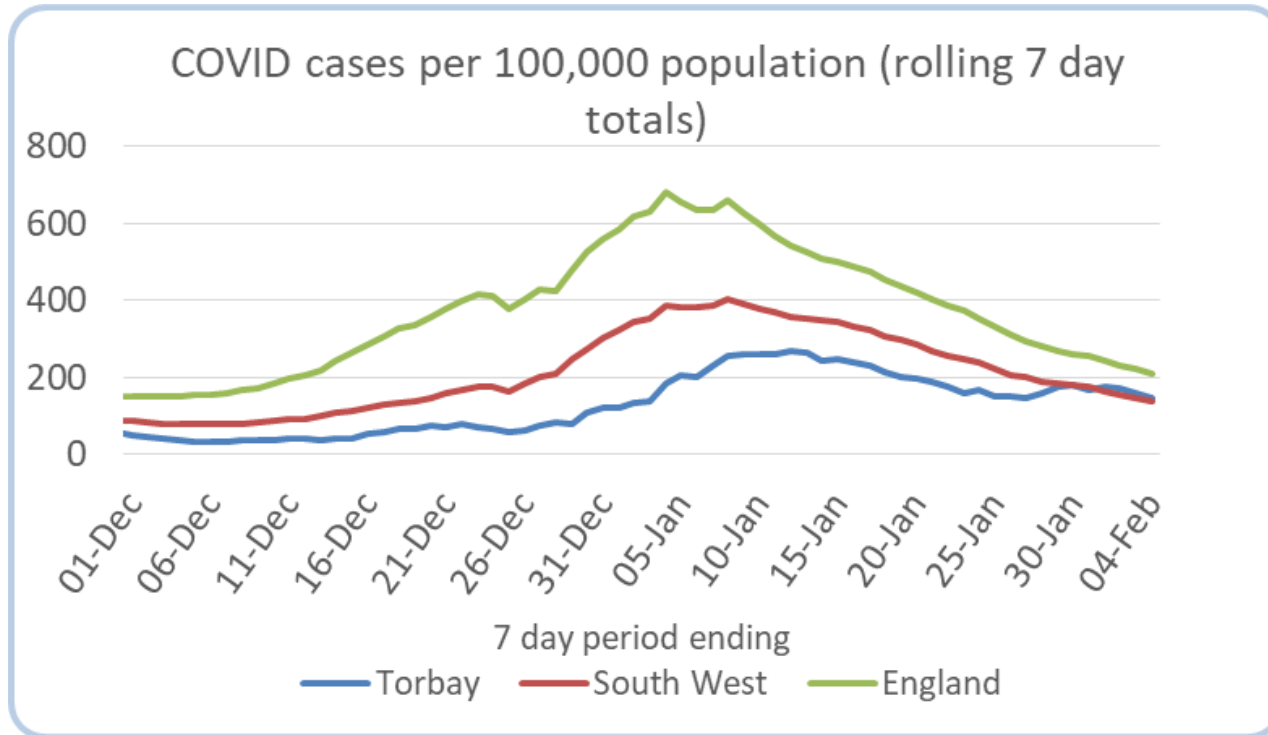
# COVID Cases – Local



- The increases in rates were more evenly spread through the 3 towns in the December/January rate increase.
- Rates in Torquay are now closer to those of Paignton and Brixham.

Source: <https://coronavirus.data.gov.uk/>

# COVID Cases – Comparison



Source: <https://coronavirus.data.gov.uk/>

- Over the last week, the South West and England have continued to fall significantly.
- Torbay's plateau over the last week means Torbay's rate is comparable with the South West average. Over the last few days, Torbay's rates have started to fall.

# Questions that came from the forum

## Face coverings indoors

There are many indoor settings where a face covering is mandated, generally indoor public spaces.

The general Public Health advice regarding face coverings is wear them in enclosed spaces where you will come into contact with other people you would not usually meet.

This is especially important if social distancing is difficult.

Resource: [www.gov.uk/government/publications/face-coverings-when-to-wear-one-and-how-to-make-your-own/face-coverings-when-to-wear-one-and-how-to-make-your-own](https://www.gov.uk/government/publications/face-coverings-when-to-wear-one-and-how-to-make-your-own/face-coverings-when-to-wear-one-and-how-to-make-your-own)

# Testing



# Testing

- Lateral flow tests and PCR tests
  - Both require you to swab throat and nose
- Lateral flow tests are rapid (results in 30 minutes)
  - Rapid but less accurate
  - Can be used if you have **no symptoms**
- PCR tests take longer
  - Can be used if you have symptoms
  - More accurate

# PCR tests

- If you have:
  - Fever
  - Cough
  - Loss of sense of taste / smell
- Even if symptoms are mild
- Book at: [Get a free NHS test to check if you have coronavirus - GOV.UK \(www.gov.uk\)](https://www.gov.uk)
- Isolate (with household / bubble) until results available



# Local testing centres

- Local testing centre information is available here <https://www.torbay.gov.uk/health-and-wellbeing/public-health/coronavirus/testing/>
- You can get a kit posted to you via website or by calling 119
- If you call 119 you can also have an interpreter

# Results of a PCR

- Positive
  - You and your household / bubble must self-isolate for 10 days
  - Stay at home and do not leave the house unless it is an emergency
- Negative
  - Hands / Face / Space

# Lateral flow tests

- If asymptomatic (ie. no symptoms)
- Provided to specific workplaces / education settings

# When do I take a lateral flow test?

- As often as requested by employer
- If you **do not have** COVID-19 symptoms

You must not share a test kit with others

You must not take a lateral flow test if you have symptoms

If you have tested positive for COVID-19, you should not take another test for 10 days

# What do results of a lateral flow test mean?

- Positive
  - Treat as positive COVID-19 case
  - Self-isolate for 10 days
  - Inform your workplace (who may ask you to take a confirmatory PCR)
  - Complete NHS test and trace information
- Negative
  - Continue to work as normal and follow hands / face / space
  - If your lateral flow test was negative but you have been in contact with someone with COVID-19, you must self-isolate for 10 days

# What if I have COVID-19 symptoms?

- If you have taken a lateral flow test but have COVID-19 symptoms you must self-isolate immediately, and book a PCR test

# What if I have a negative lateral flow test?

- This is not a guarantee that you don't have COVID
- There is a 60% chance you did not have COVID at the time you did the test, but you may develop COVID later that day
- You must continue to obey all guidance – hands / face / space

# What if I've been vaccinated?

- If you have been vaccinated you must get tested for the same reasons as everyone else, and you must obey the same rules as everyone else.
- We need more evidence on the effect of vaccination on transmission before we can change any regulations



# What if I've been in contact with someone who tests positive?

- Self-isolation for 10 days

# Retesting

- COMPLICATED!
- Awaiting national guidance...
- Currently:
  - Do not retest with PCR within 90 days
  - Return to lateral flow testing at workplace when isolation over

# Upcoming next forum

- Community testing for workplaces

# Questions that came from the forum

## Reporting a concern or complaint

You can log concerns about a local business which is not following government guidance on Coronavirus such as lack of social distancing, track and trace reporting, and the wearing of face coverings.

[www.torbay.gov.uk/health-and-wellbeing/public-health/coronavirus/covid-19-report-a-concern-or-complaint/](http://www.torbay.gov.uk/health-and-wellbeing/public-health/coronavirus/covid-19-report-a-concern-or-complaint/)

## The future of Covid and vaccinations

It is important to emphasise there are a lot of viruses that spread more in winter and less in Summer that cause illnesses as well. Covid could become a virus that is around and circulating in the population in lower numbers. Flu is very low in numbers due to restrictions, how this will play out in the future is unknown. There is no evidence to suggest that flu and covid interact with each other.

We don't know the exact schedule on re-vaccination, the current evidence suggests that we may be required to be re-vaccinated. Due to this being a new infection and vaccine, we are unaware on how long the immunity lasts and Covid is starting to mutate, so the vaccines may need to be updated. We may need booster vaccinations but this will be confirmed

# Questions that came from the forum

## Take-away food and drink

Only cafes or canteens in premises below may remain open:

- hospitals, care homes, or where necessary to safeguard health in extra care schemes
- schools and providers of post-16 education and training, such as further education colleges university accommodation, and on university campuses (where there is no practical alternative for staff and students to obtain food and alcohol is not served for consumption on the premises)
- criminal justice accommodation and immigration detention centres
- naval/military/airforce or MoD facilities
- workplace canteens (where there is no practical alternative and alcohol is not served for consumption on the premises)
- services providing food and/or drink to people experiencing homelessness can also remain open.

[www.gov.uk/government/publications/further-businesses-and-premises-to-close/closing-certain-businesses-and-venues-in-england](http://www.gov.uk/government/publications/further-businesses-and-premises-to-close/closing-certain-businesses-and-venues-in-england)

# Feedback



## You said

**“You like receiving credible and up-to-date information, but could we think about sharing a jpg (picture).”**

*We are reviewing the resources we share, and seeing if we can provide alternative formats, which are accessible to all.*



# You said

**“Can we make it easier to access the meeting?”**

*We have removed Eventbrite and provided the Zoom details direct. Zoom details will remain the same for every forum.*

*Link - <https://zoom.us/j/96003839874>*

*Meeting ID - 960 0383 9874*



# You said

**“Can we make the Zoom out of working hours?”**

*We will poll Champions to establish the most suitable time for Forums, but we also provide the forum recordings for those who cannot make them. We have polled people at the last lunchtime forum, and will send out another poll in the bulletin.*



# You said

**“Can we make sure questions are generic and applicable to all?”**

*We will be reminding everyone at the start of the forum that questions should be applicable to the whole community and not personal. We kindly ask you to send any individual queries to our inbox [Champions@torbay.gov.uk](mailto:Champions@torbay.gov.uk)*

# You said



“Can I have more to do?”

1. Please keep **sharing** credible news and local updates with your networks in any way you can
2. Please **Share with this network** what the concerns and questions are in our communities – *so we can help you to help them*



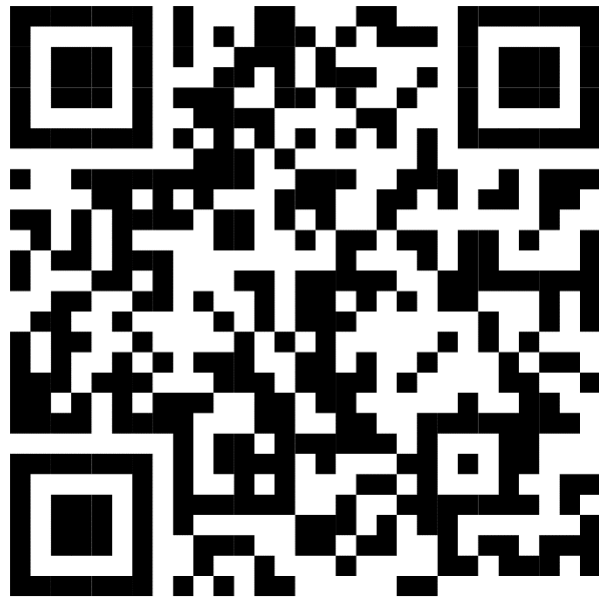
**THANK YOU!**



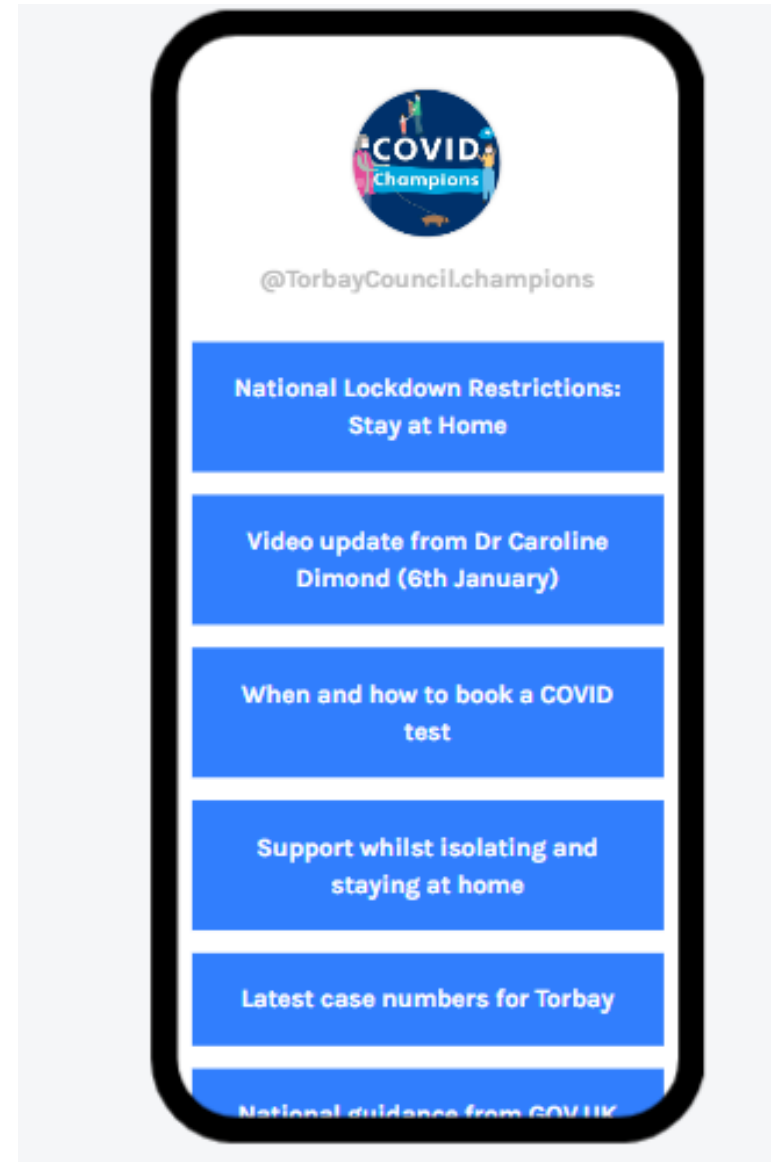
# Resources and next steps



# COVID Champions Linktree



Visit and/or share the link - <https://linktr.ee/TorbayCouncil.champions>



# Credible sources of information to visit and share

- [www.torbay.gov.uk/coronavirus](http://www.torbay.gov.uk/coronavirus)
- [www.gov.uk/coronavirus](http://www.gov.uk/coronavirus)
- [www.nhs.uk/coronavirus](http://www.nhs.uk/coronavirus)
- [www.who.int/coronavirus](http://www.who.int/coronavirus)
  
- Like our Facebook page: [www.facebook.com/torbaycouncil](https://www.facebook.com/torbaycouncil)
- Follow us on twitter: @Torbay\_Council
- Email us [Champions@torbay.gov.uk](mailto:Champions@torbay.gov.uk)

# What do you get as a Champion?

- A fortnightly bulletin, which will update you with the latest developments and guidance
- A fortnightly online forum meet-up, to enable you to participate in discussions, share ideas and have opportunity to feedback what you have found to work or not work so well
- Access to resources
- Support from us via [Champions@torbay.gov.uk](mailto:Champions@torbay.gov.uk)

