

# Welcome!

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# COVID Champions

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## Outline of the session

- Welcome
- COVID Champs – overview
- Update on Covid-19 in Torbay
- Key messages on Tier 2 restrictions
- A brief note on Christmas
- Resources for you and next steps

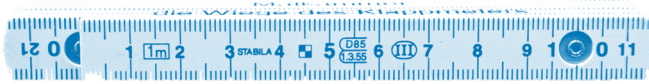


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## ‘COVID –Conversations’ How confident are you?

On a scale of 1-10...



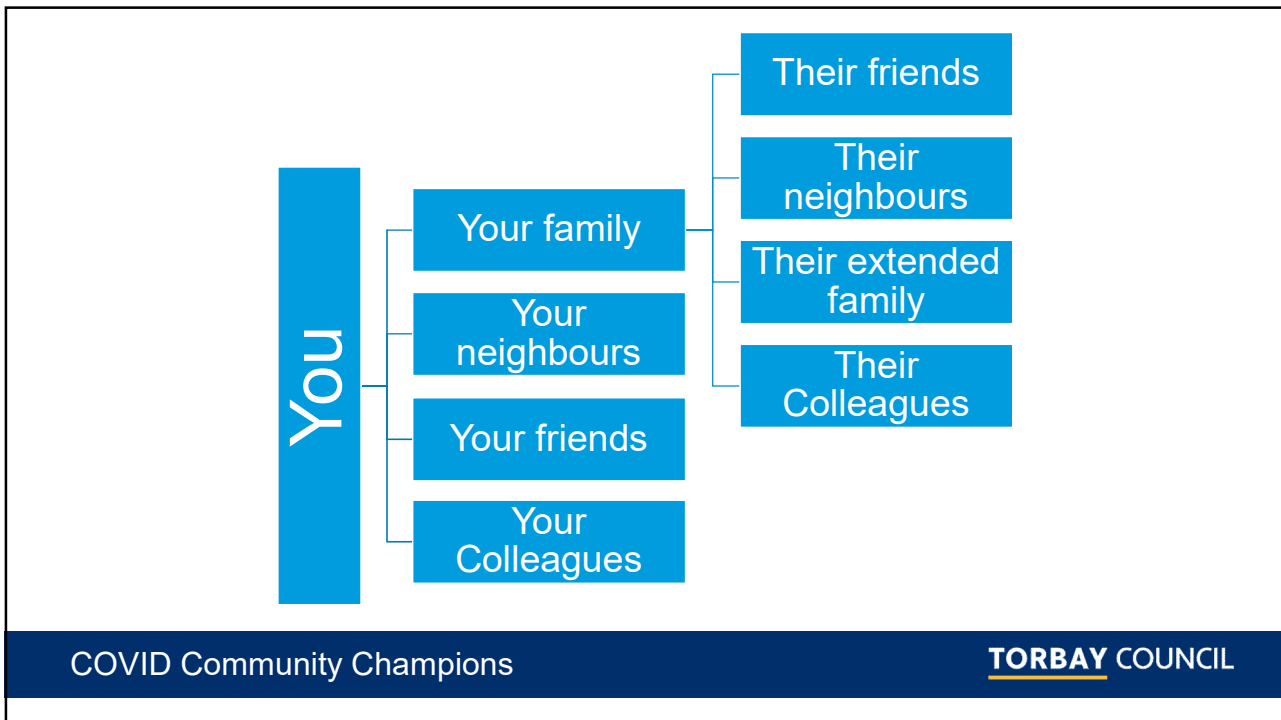
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## What are asking you to do?

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## Share credible COVID-19 information, however you want!



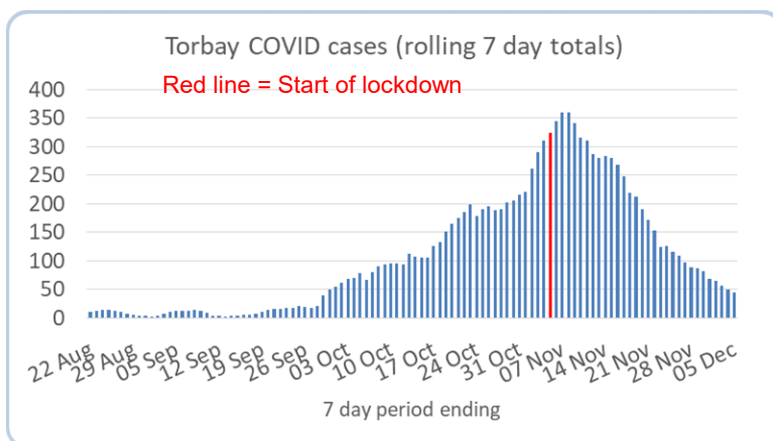
- Learn about COVID-19 and how to stop the spread
- Share credible information with others
- Support others to access credible information, advice and support.

# Torbay and COVID-19



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## COVID Cases – Local

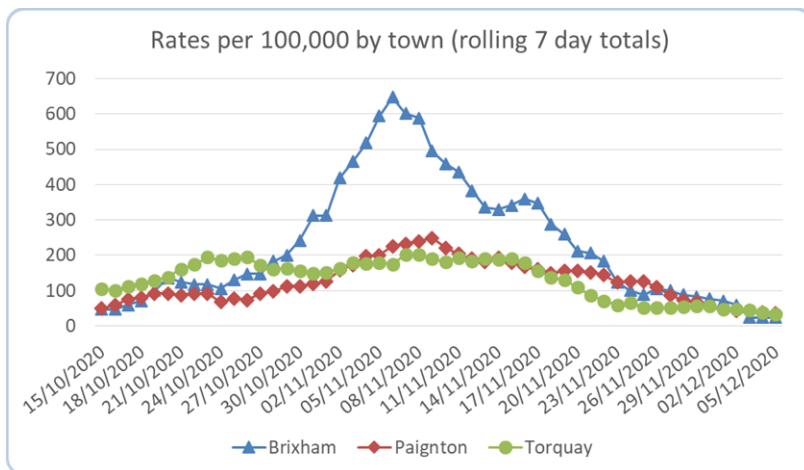


Source: <https://coronavirus.data.gov.uk/>

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## COVID Cases – Local

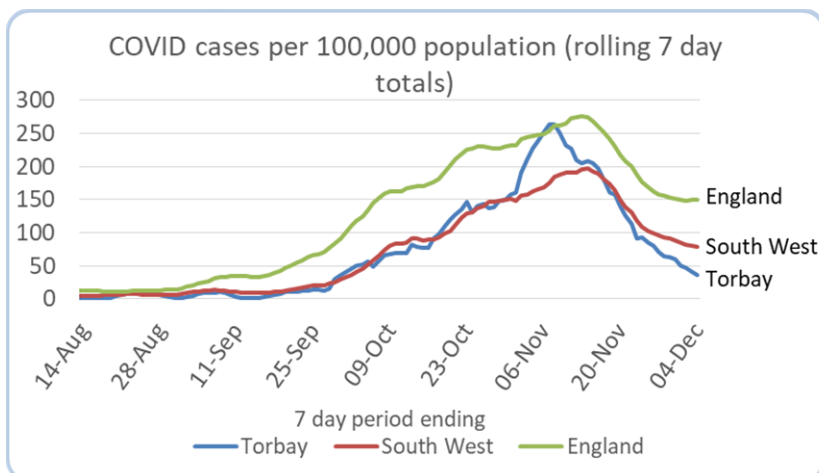


Source: <https://coronavirus.data.gov.uk/>

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## COVID Cases – Local



Source: <https://coronavirus.data.gov.uk/>

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## Key messages on Tier 2 restrictions for businesses and events



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### Across all tiers

- **All businesses and venues are required to follow Covid-19 secure guidelines**
- These businesses can remain **open**:
  - Essential and non-essential retail
  - Personal care and close contact services
  - Public buildings, eg. libraries
  - Allotments, waste centres, public toilets
  - Essential public services eg. NHS
  - Places of worship

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## What about restaurants and pubs?

- Last orders 10pm, closed 11pm-5am
- Alcohol served only with a substantial meal
- Individuals can only meet indoors with their own household or support bubble (max 6 people)
  - Bookings must be from one household or support bubble
  - Businesses must stop households mingling indoors
- Table service only



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## What about hairdressers?

- Increased frequency of handwashing and surface cleaning
- 2m social distancing– or 1 metre with risk mitigation
  - More handwashing
  - Keep activity short
  - Working from back or side of client
  - Screens or barriers
  - Avoid skin to skin contact
  - Pair staff



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## What about events and theatre?

- The lower of:
  - 50% capacity
  - 1000 indoors
  - 2000 outdoors
- Wedding limit of 20
- Funeral limit of 30
- Theatres to close by 11pm



## What about sports?

- Outdoor sport, physical activity and exercise classes can continue
- Indoor sport can continue if it is possible to avoid people mixing outside their household / bubble
- Exceptions for:
  - Disability sport
  - Sport for educational purpose
  - Under 18s





# Christmas

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## Christmas guidance



- 23<sup>rd</sup> -27<sup>th</sup> December you may form a **Christmas Bubble** of up to three households
- The rules on the following will not change:
  - who you can meet in pubs and restaurants
  - Who you can attend indoor events with
  - Weddings and funerals
- You may attend a place of worship with your Christmas Bubble
- You may carol sing (guidance on [safer singing](#))
- You may attend school plays, with safeguards

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## Resources and next steps



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## COVID Champions Linktree



<https://linktr.ee/TorbayCouncil.champions>



@TorbayCouncil.champions

When to book a COVID test

Current restrictions in Torbay

Video update from Dr Caroline Diamond (20 November)

Latest case numbers for Torbay

Latest Torbay COVID case numbers by area

National guidance from GOV.UK

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## Credible sources of information

- [www.torbay.gov.uk/coronavirus](http://www.torbay.gov.uk/coronavirus)
  - [www.gov.uk/coronavirus](http://www.gov.uk/coronavirus)
  - [www.nhs.uk/coronavirus](http://www.nhs.uk/coronavirus)
  - [www.who.int/coronavirus](http://www.who.int/coronavirus)
- 
- Like our Facebook page: [www.facebook.com/torbaycouncil](http://www.facebook.com/torbaycouncil)
  - Follow us on twitter: @Torbay\_Council
  - Email us [Champions@torbay.gov.uk](mailto:Champions@torbay.gov.uk)

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## Christmas Resources

- [Guidance for the Christmas period - GOV.UK \(www.gov.uk\)](http://www.gov.uk)
- [Making a Christmas bubble with friends and family - GOV.UK \(www.gov.uk\)](http://www.gov.uk)
- [COVID-19: suggested principles of safer singing - GOV.UK \(www.gov.uk\)](http://www.gov.uk)

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## Plus

- A fortnightly bulletin, which will update you with the latest developments and guidance
- A fortnightly online forum meet-up, to enable you to participate in discussions, share ideas and have opportunity to feedback what you have found to work or not work so well
- Access to resources
- Support from us via [Champions@torbay.gov.uk](mailto:Champions@torbay.gov.uk)



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## Points from the Chat

The Champions asked if settings such as bars and restaurant were aware of the rules around social mixing and substantial meals

They also asked what people should do if they were aware settings were not adhering to the rules. The team shared that guidance has been sent to all settings explaining the current restrictions and providing advice on how to implement COVID-secure measures in their setting [https://www.torbay.gov.uk/media/15092/2020-12-02-torbay-covid-guidance-tier-two-high-nov-20-word-version-vs-4-\\_.pdf](https://www.torbay.gov.uk/media/15092/2020-12-02-torbay-covid-guidance-tier-two-high-nov-20-word-version-vs-4-_.pdf)

Champions were also signposted to <https://www.torbay.gov.uk/health-and-wellbeing/public-health/coronavirus/covid-19-report-a-concern-or-complaint> to report concerns about settings and assured this would be shared with environmental health to review

Here are some useful links to the Government to help you have a safe and happy Christmas

- [Guidance for the Christmas period - GOV.UK \(www.gov.uk\)](https://www.gov.uk/guidance/covid-secure-measures)
- [Making a Christmas bubble with friends and family - GOV.UK \(www.gov.uk\)](https://www.gov.uk/guidance/making-a-christmas-bubble-with-friends-and-family)
- [COVID-19: suggested principles of safer singing - GOV.UK \(www.gov.uk\)](https://www.gov.uk/guidance/covid-19-suggested-principles-of-safer-singing)

Links to Champions' resources, including this Zoom session, can be found here [COVID-19 Community Champions - Torbay Council](#)

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