## COVID-19 Talking Devon Clinic Therapy Service

Feeling stressed, anxious or low?

Would you like to talk to a professional therapist who can support you with

Signposting

Mindfulness

Proven Talking Therapies

Relaxation Techniques

Contact us today to book your free session(s)

Website: www.devonclinic.co.uk

Telephone: 01803 500300

Email: reception@devonclinic.co.uk