

Title: Draft STP Mental Health and Wellbeing Strategy-
Development and Engagement Update

Wards Affected: All

To: Health and Wellbeing Board **On:** 6 September 2018

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1. Purpose

1.1 To formally introduce the draft STP Mental Health and Wellbeing Strategy and invite the Boards consideration and feedback.

2. Context

2.1 Over the last two years the Sustainability and Transformation Partnership (STP) has been a positive catalyst for Devon. It has helped leaders build a collaborative, system approach to the NHS and local government. Three local authorities, seven NHS organisations, and one Community Interest Company have been working together to tackle historic challenges and put services onto a strong foundation for the future.

2.2 The original case for change set out clinical, social and financial drivers for working in partnership and identified mental health as one of the shared priorities. It was recognised that there was a need to:

- continue to close the investment gap between mental and physical health
- improve physical health care for people with mental health problems
- improve provision for people with severe, long-term mental illness
- provide psychological support for people who have physical health problems

2.3 The Devon Sustainability and Transformation Partnership (STP) plan two year report identified four key shifts:

1. from care setting to places and communities
2. from organisations to networks of care and support
3. from 'what's the matter with you' to 'what matters to you'
4. from illness management to wellness support

2.4 The key shifts will be brought about by the four strategic priorities:

Priority One: Enable more people to be healthy and stay healthy

Priority Two: Enhance self-care and community resilience

Priority Three: Integrate and improve community services and care

Priority Four: Deliver modern, safe and sustainable services

2.5 Over the last two years the STP Mental Health Programme has worked to address these needs set out in the case for change through its key projects. The projects have focused on children and young people's mental health and wellbeing, crisis and urgent care, dementia and the interface between primary and secondary care services. Alongside these projects the STP Mental Health Programme has also included the development of the Mental Health Care Partnership and the development of an STP Mental Health and Wellbeing Strategy. All of these areas are reflected and agreed in the mandate for the Mental Health Programme with the STP.

3. STP Mental Health and Wellbeing Strategy and Engagement

3.1 The Mental Health and Well Being Strategy was developed by the STP Mental Health Programme; it has been presented to the STP Mental Health Programme Group for feedback prior to the engagement version of the strategy (appendix 1) being produced.

3.2 The STP Mental Health Engagement Panel has contributed to the development of the engagement plan.

3.3 The STP Mental Health Programme Group is attended by leaders from organisations across the STP, this forum has agreed that engagement should be undertaken to inform the further development of the draft STP Mental Health and Wellbeing Strategy. In recognition of the short timescale the STP Mental Health Programme Group also set the expectation that continuous, meaningful engagement in the implementation of the strategy should become routine; the programmes set out in the strategy will be iterative to enable meaningful impact and involvement.

3.4 This engagement will be a short, intense period of focused listening which will create the platform for the evolving Mental Health Care Partnership to change the way it involves, listens and responds to people, carers and a broader range of system stakeholders. This change in approach to involvement will become apparent in the way we develop our plans to implement the strategy and the way we work to understand our impact by measuring and monitoring outcomes and experiences that matter to people.

3.5 This initial engagement will focus on the vision, areas and priority; in doing so we will produce content for the stakeholder voices and engagement section of the strategy. The engagement process will enable the STP Mental Health Programme to make connections to the networks and intelligence held in neighbourhoods and places across Devon so that the change in approach described above is enabled.

3.6 At the time of writing we have spoken to or received back from around 70 people representing system partners and leaders across Devon. Over the coming weeks we will work with our STP partners to listen to people and carers and networks that support them in places and neighbourhoods.

3.7 The emergent themes from our listening so far are that the strategy is a clear and comprehensive document, however, it could be strengthened by more fully reflecting the breadth of the vision statement including:

- greater reference and alignment to the STP plan and two year report
- placing greater emphasis on prevention, promotion, enablement, intervening early, the wider determinants of health and wellbeing and risk factors
- greater emphasis and clarity on needs and views:
 - at place and in neighbourhoods
 - of children and young people
 - carers
 - voluntary/ third sector
 - wider system partners
- ensuring a positive focus on strengths, independence, self- help, whole people, resilience, parity of esteem, wellness, recovery, thriving and fulfilling lives, community assets
- describing more clearly the approach to delivering the impact and outcomes that matter to people across Devon.

3.6 Over the coming weeks our engagement we use a variety of methods to listen, learn and discuss people's views. This will include:

Online engagement and survey

Attending existing forums to discuss the Strategy

Delivering interactive workshops (1 STP wide, 1 System Partners, 4 People and Carers)

Undertaking Semi-Structured Interviews

Enabling open feedback via our email account (d-ccg.mhwbstrategyengagement@nhs.net)

Collating previous engagement reports and learning

4. Ask of the Health and Wellbeing Board

4.1 We welcome the boards views and consideration of the Draft STP Mental Health and Wellbeing Strategy and request that the board undertake the following:

4.1.1 Discuss the appended strategy including the strengths, areas which need to be strengthened and the emergent themes of engagement identified in 3.5 of this document.

4.1.2 Share further feedback through the open feedback email account- (d-ccg.mhwbstrategyengagement.nhs.uk)

4.1.3 Tell us if you would like to be part of one of workshops to contribute more to the strategy engagement and development

4.1.4 Note the engagement activities planned and the change in approach to engagement described

4.1.5 Identify any local forums or networks (such as the Brixham Mental Health Group) whom we need to connect with and involve.

4.2 We are collating all of the feedback we receive through these discussions, via email and across our engagement. The findings will be presented in a short report; this will include identifying a range of suggested developments or adjustments in the strategy.

4.3 We intend to return the strategy, together with the engagement report, to the Health and Wellbeing Board in December/January.

Appendices:

Appendix 1- Draft STP Mental Health and Wellbeing Strategy

Background Papers:

The following documents/files were used to compile this report:

<http://www.devonstp.org.uk/wp-content/uploads/2018/07/STP-two-year-report-05.07.2018.pdf>