

Helping you live independently
in the community



Do you need support
to become or remain
independent in your home?

How we can help...

Supporting People Services can help you to live as independently as possible. This does not just mean having somewhere to live, but being able to live there



safely and happily. They can help you to develop the necessary skills and confidence to make this happen.

Help can be given to you in supported housing, or a support worker could visit you wherever you live.

You can get support to:

- ✓ Avoid homelessness.
- ✓ Learn skills for living independently such as cooking, cleaning and dealing with mail.
- ✓ Get in touch with other services like doctors, social workers or community organisations.
- ✓ Deal with personal budgeting, debts and completing benefit forms.

- ✓ Make and keep social contacts.
- ✓ Find employment or training.
- ✓ Move on to a more independent home.
- ✓ Maintain tenancy and mortgage agreements.



You can access support by:

Contacting the Supporting People Referral Hub. This is part of Torbay Council's Housing Options Service.

You can be referred by a social worker, mental health worker, probation officer, or any other agency that you are in contact with. You can also contact the Supporting People Referral Hub yourself.

Someone can meet you where it is easiest for you, to talk about the support you need.

Contact the Supporting People Referral Hub

Supporting People Referral Hub
Housing Options Service
Connections
Town Hall, Castle Circus
Torquay TQ1 3DW



Telephone: **01803 208723**

Email: **referralhub@torbay.gov.uk**

www.torbay.gov.uk/supportingpeople

The Supporting People Team monitors all Supporting People services. If you wish to make a comment about a service please contact a member of staff or the manager of the service. If your query is not resolved please contact the Supporting People Team on **01803 208729**.

This document can be made available in other formats. For further information please contact 01803 208729.