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## Plumbers Safe Working Practices

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To comply with existing legislation, codes of practice and your employer's requirements on health and safety you must:-

1. Take reasonable care for the health and safety of yourself and other persons who may be affected by your acts and omissions at work.
2. Not interfere with or misuse anything provided in the interest of health, safety or welfare.
3. Take care to see that the public are not exposed to any hazards from work processes.
4. Use barrier cream before each work session and wash your hands before taking meals. Do not use degreasing agents, such as paraffin or other solvents to wash your hands. This can cause skin infections and cancer.
5. Wear the appropriate items of protective and safety equipment whenever risk assessment requires it, in particular:-

Goggles.

Respirators complete with supply of disposable filters - when wire brushing walls or working in excessive dust or fumes or carrying out hot work.

6. Ensure that when using portable electrical tools in exposed or damp conditions that the electrical supply does not exceed 110 volts. Use a reducing transformer where necessary.
7. Before using a machine ensure that moving parts are securely guarded. Guards must not be removed during operational use. Under no circumstances must an unauthorised person remove guards **at any time**.
8. When using a ladder, secure the ladder at the top. The ladder must extend at least 3ft. 6 ins. (1.1m) above the landing point. Ladders must only be treated with clear varnish not paint.
9. Use the ladder or, where appropriate, scaffolding or other safe means of access provided where work cannot be safely done from the ground. Unauthorised persons must not interfere with or alter scaffolding.
10. Not move tower scaffolds on wheels whilst anyone is on the scaffold. Wheels must be locked when working on them. A tower scaffold must not be extended or used at a greater height than three times its maximum width.

11. Not leave a lighted blow-lamp or calor gas torch unattended. Check before leaving your workplace that no fire risks are present as a result of your day's work, e.g. cigarette ends, smouldering rags, etc.
12. Not use asbestos.
13. Take care when using spirits of salt when soldering zinc.
14. Not use defective plant equipment. Report defects to your immediate supervisor.
15. Calor gas bottles must be firmly secured when carried in a vehicle and handled with care.