

Joint Commissioning Partnership Newsletter

September 2016


South Devon and Torbay
Clinical Commissioning Group



Message from:


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Clinical Commissioning Group

Julie Foster, The new Independent Chair of the Adult Safeguarding Board

I am very pleased to have been appointed as the independent chair to the Torbay Safeguarding Adults Board, replacing Bob Spencer who left in April.

Some people will know me from my previous role with TSDFT before I retired last year. This role is very different however!

I work just two days per month, my main remit being to ensure that we comply with the legal requirements set out in the Care Act 2014 and to support local organisations to do everything necessary to prevent harm to adults at risk.



As part of this remit, I would like to meet with the owners and managers of care homes, starting with those which provide nursing.

These services are the cornerstones of our health and social care system, but I am aware that it can be very difficult at times. I would like to understand the issues from all perspectives so that we can all work together as effectively as possible. I will be in touch!

Post Falls Guidance

The Post Falls Guidance that has been developed as a result of the Response to Falls workshop held back in February can now be downloaded from the following links:

Devon County Council Provider Engagement Network: Post Falls Guidance: [Click Here](#)

South Western Ambulance Service NHS Foundation Trust: Falls: [Click Here](#)

Torbay and South Devon
NHS Foundation Trust



This guidance has been produced in response to concerns raised by Care Providers that there was a lack of clear guidance and mixed messages. It has been developed to support Care Providers within Devon to assist Services, Users who fall whilst under their care and to encourage the appropriate use of emergency services in these circumstances.

It can be used as a training tool and reference document for any Provider seeking clarification on best practice. It is not intended to replace any pre-existing policies or guidance you may have where these are working well. Although the guidance provides a good basis for the majority of situations it cannot foresee every possibility and must always be used in combination with clinical judgement (in nursing homes), common sense and in line with the Provider's duty of care.

The guidance includes a one page summary pathway that can be printed off and displayed as a quick reference guide.

If you have any questions please contact
c.nicholson2@nhs.net

CCG Community Consultations

The Clinical Commissioning Group (CCG) is consulting for 12 weeks with communities across South Devon and Torbay on its plans to improve community-based services. The consultation period started on:

1st September and runs until 23rd November

The CCG wants to connect with as many people as possible and encourage them to take part in the consultation.

They want to hear people's views on the proposals which include spending more on community-based services, closing four community hospitals and reducing the number of minor injury units so they have consistent hours with increased access to x-rays.

The CCG would very much appreciate it if you could help publicise the consultation by making the information available to your service users, staff and any networks or groups you may be part of.

Dates of public meetings and the main consultation document can be found the CCG's website [here](#).

Please let Laura Voisey know if:

- You would like any hard copies of the consultation document
- You hold/attend a meeting that you would like us to attend to talk about the proposals during the 12-week consultation period if we can.
- You are able to put posters in your area to advertise the consultation public meeting dates.

Laura.voisey@nhs.net
Tel: 01803 652479

Torbay Creatives connect with Commissioners

An increasing amount of academic research evidences the beneficial clinical and social outcomes engaging in culture can provide, within both health and care pathways. Artists and creative practitioners from Torbay's new Arts and Culture Network gave commissioners a taste of their work at the recent Residential & Nursing Re-commissioning Project event in Torquay on 31st August. Four workshops, including dance and singing, allowed participants to experience some of the cultural activities Network members can offer.

A number of innovative partnership initiatives between Torbay's health and cultural sectors are already underway and a 12 month 'test and learn' programme of arts, health and well-being activities will be rolled out across the Bay in October. Kate Farmery, Director of the Culture Board, said: 'A key aim of Torbay's ten year cultural strategy is to *harness the health and well-being benefits of culture*. With our pioneer status for integrated health and social care and our experienced local arts and health practitioners, there is a strong base from which to develop a strategic approach to culture, health and well-being.

Participant feedback from the Torquay event confirmed the benefits of this innovative approach:

- 'Felt there would be a strong clinical benefit from this as it boosts well-being'

- 'Uplifting- cares drifted away, very empowering'

- 'Opened our minds that we are always capable, felt group dynamics lifted self-esteem'

- 'I absolutely loved it – It was so refreshing to experience those different types of activities and sensory exercises just from a chair'

For more information on the Torbay Arts and Culture Network [Click Here](#).

Or contact Kate Farmery on
kate.farmery@tedcltc.com



Prepare for winter: Get vaccinated against Flu

It's the time of year again when all the health care workers and nurses working in Residential Homes & Nursing Homes need to make plans to ensure they personally receive their annual flu vaccinations as well as all residents.

This work is a major way to protect:

- **Your Residents**
- **Your own family, as well as**
- **Yourself**

All over 65 years or in an “at risk” group for example, diabetes, pregnancy, those with heart or liver disease, can have a flu jab free of charge via their own GP or local pharmacy. Staff who do not fit this group will either need to contact their OH Dept or use one of the local pharmacies who provide a service at minimal cost.

Please consider that if staff are absent due to flu, the inconvenience and extra costs this will cause to the day to day running of the Care Home will be more than the cost of staff being vaccinated against flu. It is good practice for all Care Homes to keep a record of staff vaccinations. If you do have an outbreak of flu, you will be asked for numbers of staff who have been vaccinated.

Those in risk groups, including all living in residential or nursing care are entitled to receive flu vaccination from their local GP practice (or community nurse). The vaccine will be available from mid-September, please check with your local practice nearer the time. Last year Torbay and South Devon Foundation Trust had to close some wards due to individuals being admitted with complications following flu infections. The more people that are vaccinated, the less likely this is to happen, freeing up beds and waiting times in the A&E dept.

The flu season runs from September-March

Any questions on flu vaccination please email the public health team on:

Publichealth@torbay.gcsx.gov.uk

Torbay Carers Service

Torbay Carers Service provides support to carers for people with a wide range of caring responsibilities in Torbay. You might be a carer yourself, or you might know someone else whose caring situation could improve with the support of our service.

To be a Carer:

- You must be a friend or relative of someone who cannot manage because they have: a physical, hearing, visual or learning disability; a neurological condition; drug, alcohol or mental health issue or are frail or vulnerable.
- You must not be paid to care (apart from benefits.)

If you (or anyone know) might benefit from support from Carers Services we offer the following:

- Someone to talk to
- A Carers Health and Wellbeing check
- Finance and benefits advice
- Emotional Support
- Courses to help you cope with caring
- Time to yourself

If you join Torbay Carers Register you can also receive the following:

- A Carers Emergency Card, to alert the appropriate people as a back-up if anything happens to you
- Free parking at local hospitals
- Discounts in local shops

If you have any questions about being a carer or if you would like to join Torbay Carers Register, please call Signposts for Carers on (01803) 666620, email signposts@nhs.net, meet the Carer Support workers in your GP practice, or drop in to one of our Carers Centres in Torquay, Paignton or Brixham. If you want to find out more about us online you can visit our [Website](#) or [Facebook Page](#).

Multi Provider Forum & Provider Engagement Event

Two provider events have recently taken place in Torbay.

A Multi Provider Forum took place on Thursday 21st July 2016 at the Carlton Hotel, Torquay.

The other event, A Residential and Nursing Recommissioning Project, a Provider Engagement Event, took place on Wednesday 31st August at the Toorak Hotel, Torquay. This is a joint project with Devon County Council looking at a mutually agreed fee, visibility of bed vacancies within a supportive framework delivering sustainable outcomes.

The Feedback from both events was very positive, presentations, minutes and feedback from them will shortly be available on the Torbay Council website, by following [this link](#).

Information regarding the date of the next forum and the next phase of the Care Home engagement will be sent out shortly, if anyone has any queries or would like more information please contact Lisa Butcher:

Lisa.Butcher@torbay.gov.uk



Care Homes Fees for 2016/17 Consultation

A reminder that the care homes fees for 2016/17 consultation remains open for another week and closes on the 18th September 2016. If you wish to comment or provide feedback, please send it to Carehomes.consultation@torbay.gov.uk.

Or contact us on **01803 208729**.

Submissions can also be made in writing to:

John Bryant – Head of Integration and Development
Joint Commissioning Team
Torbay Council
2nd Floor North, Tor Hill House
Torquay
TQ1 3DR

November Newsletter

The next newsletter will be circulated at the beginning of November 2016. If you have anything that you would like featured in it, please do not hesitate to contact me or send some information over.

Email: Savana.Lawler@torbay.gov.uk

Tel: 01803 208725