**Healthy Torbay Action Plan 2015- 2018 (****updated July 2016)**

**JULY updates shown in YELLOW. Linear relationship between IN year actions and progress/monitoring**

**Innovations per Area of Work are shown in BLUE. These were agreed at January Steering Group.**

| **Area of Work** | **What we are doing** | **Strategic Outcomes** | **IN year actions** | | ***Action lead*** | ***Progress / monitoring as at February 2016*** |
| --- | --- | --- | --- | --- | --- | --- |
| **1. Housing**  **Area of Work Leads: Debbie Freeman, Mike Roberts** | Interventions to improve energy efficiency, tackle fuel poverty, and improve housing conditions;  ‘Cosy Devon’ housing energy efficiency scheme with E.ON;  Targeting housing interventions at most in need; Homelessness; | Ensure health outcomes embedded in new Housing Strategy and  Homelessness Strategy  Programme to reduce injuries to Children especially at home | Housing Strategy agreed with healthy homes theme | | **DF/MRo** | Housing Strategy to full council for ratifying  Teignbridge *Housing & Health* event recently held – learning and actions to be disseminated |
|  |  |  | Link with Fire Service to join home safety checks to fuel poverty issues | | **MRo** | MoU agreed and referral route from council set up. |
|  |  |  | Homelessness audit / health needs assessment | | **MRo/DH** | Homeless HNA not done – it has been agreed to do individual piece of work on discharge |
|  |  |  | Link homeless and housing service with hospital discharge | | **DF** | TBC |
|  |  |  | Early intervention for owner – occupier | | **DF** | TBC |
|  |  |  | Develop MOU between Health and Housing based on national guidance | | **DF** | TBC |
| **2. Planning & Environment**  **Area of Work Lead: Andrew Gunther** | Planning and health post to work closely with health and planning stakeholders / partners, mainly within the Council / Public Health.  Analysis of Planning and health data  Health proofing new developments e.g. using HIA. Health input to spatial plans | Transport and accessibility, local food; safe, attractive and sustainable communities  Physical Activity; developing a Planning and Health dataset as part of the JSNA  Require / carry out HIA for major developments | Creation of Healthy Torbay SPD to include (amongst others) tackling the proliferation of fast food outlets using planning controls, HIA Guidance, Healthy Estate Strategy (Trust owned and managed public estate), Transport (including Active Travel and walkable neighbourhoods), greenspaces for health, ‘meanwhile’ uses of buildings | | **AG/AD/**  **MRo** | TBC |
| **3. Transport**  **Area of Work Leads: Andrew Gunther & Adam Davidson** | Local Sustainable Transport Fund (LSTF) includes programmes for walking to school, integrated public transport etc. Linking up projects for active travel with those for physical activity | LSTF measures – see LSTF Action Plan; including infrastructure improvements to make active travel the easiest option | Greater pedestrianisation of town centres and identification of how to navigate Torbay by foot or by bicycle - Walking/Cycling map of Torbay | | **AG/AD** | Recent LSTF bid unsuccessful – this will impact upon current services in areas such as Active Travel. Subsequent bid to the new Sustainable Transport Fund (incl. walking/cycling and economic benefits) in development through Spatial Planning/Public Health |
|  |  |  | Introduce 20 mph limits on residential roads across Torbay  Air Quality issue update | | **AG/AD**  **AG** | For discussion at **October** steering group: AG to provide a short brief including processes to implement including prioritization (schools?), evidence and costs. AG to invite Highways representative  Mark to invite Chris Widdecombe  (Community Safety) to update on current situation in Torbay. |
| **4. Physical Activity (including Sport & Leisure)**  **Area of Work Leads: Mark Richards & Kirsty Parker Calland** | Promote Active Travel (Cycle and walk to work schemes)  Sports Development role of Torbay Council provision of recreation / leisure facilities and programmes  Planning measures: Torbay Local Plan and Green Infrastructure Plan;  Public Health to fund a Physical Activity Coordinator post | Develop and implement Physical Activity Action Plan  Better integration of the Physical Activity agenda with sports, leisure and recreation and with planning and transport  Engage community and voluntary groups e.g. green gyms  Capture and promote Tier 1 physical activity offer (align with obesity agenda)  Work with NHS at all levels to increase physical activity opportunities / interventions  Deliver effective and evidence based physical activity interventions as part of the Healthy Schools Pilot | See separate **Physical Activity Action Plan** *Examples* include: | | **MR** |  |
|  |  |  | Physical Activity Co-ordinator (Public Health): Operational outputs (examples) | |  | **EMBED** |
|  |  |  | National/regional bids promoting active travel | | **AG/MR** | Subsequent bid to the new Sustainable Transport Fund (incl. walking/cycling and economic benefits) in development through Spatial Planning/Public Health. To include *Beat the Streets* community physical activity programme. KPC to source alternate provision based on local gorillas/rhinos art/cultural features. |
|  |  |  | Promote in-school and community/local greenspace based activities including sports physical activity and outdoor learning as part of the Healthy Learning programme | | **MR/KPC/AG** | Healthy Learning Programme (HLP) due for launch 2017 academic year & will include a physical activity component.    A Young Person’s Greenspace Assessment Framework to be developed in conjunction with local schools and as part of the HLP. |
|  |  |  | Get more people using the natural environment as a setting for activity - Link with Local Nature/Outdoor Learning opportunities | | **MR/KPC** | Tier 1 mapping underway. Requires formatting, discussion at Healthy Weights Steering Group and uploading into public domain via CDT’s The Orb and other relevant website |
|  |  |  | Ensure activities are linked to mental health agenda | | **MR/KPC**  **GC** | MR to liaise with Gerry Cadogan, Public Health to discuss opportunities. |
| **5. Healthy Food**  **Area of Work Lead: Mark Richards** | Healthy Schools Pilot – focus areas including nutrition, school meals uptake and growing initiatives    Working with food businesses to improve healthy choices and tackle proliferation of unhealthy choice.  Making better use of NCMP to inform / advise parents / families of childhood obesity and what we can do; | Improve pre-school nutrition and support families with young children (up to 5 years only) / Develop children and families food buying and cooking skills.  All children have access to Healthy Food as standard in Primary and Secondary Schools  Improve the provision of healthy food within localities focusing on deprived communities  Improve the quality of food in care homes and hospitals especially for the elderly | See separate **Healthy Weight Action Plan.** *Examples* include: | | **MR** | **EMBED** |
|  |  |  | Deliver and evaluate TRIPLE F Project (Children/s Centres) | | **Childrens Centres** | Programme designed to increase cooking skills and healthy food awareness in families. Evaluation currently underway (Dani de Beaumont) |
|  |  |  | Sugar Tax – voluntary local scheme for food and drink shops/outlets/Cafes to sign up to. Proceeds to charity? Example Sugar Smart Brighton. | | **MR** | Establish Sugar Smart Torbay – Campaign and plan on a page capturing current and planned work on a variety of settings (Community, commercial, school, public sector). |
|  |  |  | Healthy Learning Programme | | **MR** | Healthy Learning Programme (HLP) due for launch 2017 academic year & will include a nutrition/healthy eating component to include School Meals EG:   * School Governor Training sessions * Voluntary inclusion on Routine Food Inspections |
|  |  |  | Work with local Care Homes to improve quality of food and hydration | | **MR/J Bryant** | Nutrition/physical activity agendas within Care Homes Living Well@Home agenda to be considered – MR/JB to look at options including Food 4 Life newly developed Torbay offer – being reviewed March 16. Further actions TBC inconjunction with Adult Social Care / Commissioning |
|  |  |  | Work with the Trust to improve food options in the hospital setting (Link to Hospital Nutrition Steering Group). | | **MR/L Marquis** | **Hospitals Foods Standards & Toolkit 2015** being reviewed & implemented by Nutrition Steering Group at the Trust – updates on implementation to follow |
|  |  |  | Identify stated cases and legislation allowing for closer planning control and monitoring of fast food outlet proliferation in Torbay. | | **AG** | Evidence base currently being assembled to support local guidance/restrictions on food outlets. FEB16 - licence refused for fast food outlet nearby to school. Trial refusal, update on progress in due course **AG** |
|  |  |  | Complete and evaluate the Healthy Cafes Pilot through Food Safety, Torbay Council. Sustainability plan to be included. | | **MR/H Perkins/I Belcher** | Healthy option checklists and options planning to be included in routine Food Inspections. Also, Healthy Menu Award to be considered as part of the annual Torbay Business Awards (Food Safety Team/Herald). |
| **6. Healthy Children**  **Area of Work Leads: Sue Matthews & Jude Pinder** | Audit of schools to understand what interventions are in place to promote Healthy Schools  Deliver Healthy Schools Pilot and develop subsequent Public Health offer within educational settings  Audit of Relationship and Sex Education provision and development of offer within PSHE agenda | Develop a Healthy Schools programme / framework and Healthy Schools pilots including emotional health and well-being (plus self-harm awareness and reduction)  Maximise school readiness | | Healthy Schools Project Plan and next steps.  Audit of Relationship and Sex Education completed with engaged schools.  Emotional health and wellbeing prevention provision to be audited  Incorporate voluntary school meal inspections and improvement plans into Food Safety bi-annual routine visits  Bespoke training/advice for School Governors in meeting requirements of the School Food Plan | **SM/J Pinder/**  **M Richards** | Healthy Learning Programme (HLP) initial Project and Steering Groups have now met. Programme due for launch 2017 academic year & will include the following themes:  Physical Activity  Nutrition  Emotional Health and Wellbeing  PSHE (to include SRE)  and the following components:  School Health Profiles  Awards Schemes  School Champions  Theme based Networks  Website  Training & Conferences  Inspections system currently being worked up with Food Safety Team  New training package to be developed as part of the new HLP Project |
| **7. Tobacco Control**  **Area of Work Lead: Mike Roberts** | Torbay has set up a ‘Tobacco Control steering group’ looking at the wider issues of tobacco, including illegal tobacco and smoking prevention; | Work in schools and with young people to discourage take up  Tackle illegal tobacco  Smoking among Torbay Council employees  Tackle smoking in pregnancy and following childbirth | See separate **Tobacco Control Action Plan** *Examples* include: | |  | **EMBED** |
|  |  |  | Target smoking in pregnancy and following childbirth | | MRo | Tobacco Control Actions focus on Smoking in Pregnancy; smoking cessation prior to surgery and in secondary care; smoking and young people; e-cigarettes; illegal tobacco. |
|  |  |  | Tobacco Control – smoke free city centres. See Bristol, example. Could apply to shopping centres where covered, and to pedestrianised streets, harbour area, beaches, play areas, parks. | | MRo | Tobacco Control Steering Group to be re-started to look at all related issues MRo |
| **8. Healthy workplace**  **Area of Work Leads: Jane May & Mike Roberts** | HR currently working towards excellence accreditation level of Wellbeing at Work Charter.  Develop a Healthy Workplaces scheme for all businesses in Torbay | Improved healthy workplaces  with particular focus on Torbay Council as a beacon and small/medium enterprises in Torbay – achieved through establishing a Healthy Workplaces scheme | Implements actions for Torbay Council following charter assessment for example - breaks away from the workstation for lunch, discouraging eating at desks  Develop a statement or policies to support health lifestyle behaviours  Include Wellbeing@Work Charter info, advice and sign up within new SW Growth Hub  <http://www.heartofswlep.co.uk/news/heart-south-west-growth-hub> | | JM/MR | Public Health is now employing Mel Fairbairn on one day a week to take forward the Workplace Health Charter with small/medium Enterprises in Torbay  MRo to establish current situation with Mel’s sickness and capacity  Sickness absence and potential savings to be included as a Transformation Project  Looking delivering/signposting to Mental Health First Aid Training  Relaunching the Stress Awareness eLearning module to become a Wellbeing module  Jane May & Jo Sandbrook appeared on Hiblio TV on 16th March discussing Healthy Workplaces  Wellbeing Focus Group now formed. Second meeting on 23rd June |
| **9. Social Connected –ness**  **Area of Work Lead TBC**  **(Likely TCDT)** | Delivery of Ageing Well programme including the work of the Community Builders | Reduction of loneliness and isolation in 50+, re-connecting with their communities | Home Safety visits PLUS with the Fire Service expand to care and safety visits  Wellbeing co-ordination (previously LMATS) and social prescribing  Delivery by Community Builders  Development of an innovation fund for individual, community groups and charities (annual fund through Ageing Well) | | MR/Dave Roddy (DFRS)  Helen Harman (Age UK)  Tracy Cabache  Ageing Well Manager TBC | MoU re mutual referrals & training systems established between DFRS and Community Safety and DFRS and Mears Care (latter re Living Well@Home Agenda)  Lead within CDT TBC |
| **10. Alcohol Control and Awareness**  **Area of Work Lead: Bruce Bell** | Developing strategic approach to Alcohol control and awareness | Consolidated LA and partnership response (including commercial) to alcohol issues including drinking in the family, home, community and the night time economy | Alcohol Strategy & Premises Licensing Policy  Alcohol Awareness campaign – format and aspect TBC  Bruce Bell to also update on Night Time Economy after discussions with Steve Cox | | BB / Steve Cox | Alcohol Strategy in place. An implementation group has been identified with inaugural meeting on 8th July 2016  Research bids being developed by TSDFT for:   * A 7-day alcohol liaison nursing service for people admitted with alcohol dependency * a volunteer delivered alcohol screening model   A tiered ‘making every contact count’ model for TSDFT has been developed to support implementation of lifestyle screening (including alcohol) and response across the organisation. |
| **11. Adult emotional health and wellbeing**  **Area of Work Lead: Gerry Cadogan** | *Ensuring sections 1 – 10 above reflected in EH&WB strategies.*  Employing a dedicated Mental Health Worker (Community Safety) to address current issues including complex needs, vulnerability, special cases, self- neglect and organisational training needs.  Implementing training programmes such as ASIST, MHFA for service veterans  Arts Council/Public health collaborative work | Improved LA and partnership response to mental health issues and focus on prevention  Developing awareness programmes for local clubs/groups/businesses  Working with the community and private sector to raise awareness and reduce stigma | Work with JCT and mental health to progress appropriate support for vulnerable people including refugees  Work with Network Rail :accredited Training undertaken with community groups  Evaluating effectiveness of specific mental health interventions in barber’s shop, boxing club, pubs, prisons/probation, armed forces vets and community groups  Training of Torbay groups for Suicide Prevention & evaluation of outcomes | | Gerry Cadogan | Reviewing EHWB ,self-harm and suicide strategies in light of government guidance  Audit of AMHP workers re mental health workload to be completed June 2016  Torbay/South Devon Suicide audit 15/16 occurring in June/July 2016  Preparing for Syrian refugees in August ensuring relevant mental health support  Liaison with  175 staff trained to date  Three ASIST courses (Suicide Prevention ) run to date (60 staff)  Grant funding obtained for veterans mental health first aid development  Barbertalk Suicide prevention training planned for June 2016 |
| **12. Poverty and Job Creation**  **Work Area Lead: Carl Wyard (TDA)** | Implementing a delivery plan designed to address some key economic challenges facing Torbay focusing on increasing the demand for labour. | Over the next 4 years we are seeking to:   * Increase the extent of full time employment from 56.3% to 60% * Raise the level of workplace based earnings from £22,110 to £24,772 (3% growth) * Raise the level of resident based earnings from £21,923 to £24,674 (3% growth) | * Delivery of Masterplans and key sites * Facilitating the development of appropriate key sites eg. Edginswell and Claylands to support employment growth * Supporting business start ups * Supporting growth in key sectors including tourism, electronics and photonics, fisheries, health and care and retail | | Carl Wyard | Impact of BREXIT on TDA funding envelope for Torbay TBC  Current work underway:   * Round 4 of Coastal Communities Fund targeting reduced business failure in the Bay * Alternative delivery model to Outset Torbay * Improved employability and skills links between local businesses and schools * Capturing the impact and opportunities for employment within Hinckley Point development site |
| **13. Domestic Abuse & Sexual Violence**  **Work Area Lead TBC** | Delivery of suite of outputs through existing strategy outcomes targeting reduced DA and SV | As opposite | Community Needs Assessment currently being undertaken to look at strategic and operational approach through current strategy | | Nanette Amos | CNA due for completion JULY 16 |