

# Adult Social Care Newsletter

October 2015

**NHS**  
South Devon and Torbay  
Clinical Commissioning Group



## Pioneering the next steps in Integrated Care: Torbay and South Devon NHS Foundation Trust

On Thursday 1 October 2015 community health and adult social care in Torbay and south Devon merged with Torbay Hospital services to provide local people with a more joined-up service.

This means that for the first time one single organisation is now responsible for acute and community healthcare along with adult social care services. This will enable more flexible care to be provided for the 375,000 people who live in the area.



The new pioneering organisation, Torbay and South Devon NHS Foundation Trust (TSDFT), has brought together the 6,000 staff who had previously worked across two Trusts, Torbay and Southern Devon Health and Care NHS Trust (formerly known as the Care Trust) and South Devon Healthcare NHS Foundation Trust. The two Trusts have a history of close working but bringing them together in one organisation removes some of the barriers to working in the best interests of patients and clients.

The merger is the first to bring together acute and community health alongside social care in the country. People in Torbay and South Devon will benefit from being able to receive the services they need from one single provider working alongside their GP to provide great care closer to home.

People are living longer and, while this is to be celebrated, this means that more people are living with complex long term health conditions like heart failure, or need social care to help them live their life to the full. Radical changes in health and care

provision are needed if we are to be able to continue to provide the high quality care that they deserve. As a single integrated care organisation, TSDFT will be much better able to meet this challenge. By being able to be more flexible we will be able to provide more care in communities and only in an acute hospital when it is medically needed.

However, the bringing together of the two Trusts is just the start of providing services that are more responsive to local people's needs. Some health and care services have already integrated with great success, and the ambition is to integrate services in a much broader way that will fundamentally change the way services are provided for the local community.

Investing in community care over the next few years will introduce new and improved services to better meet the needs of people living in Torbay and South Devon. The focus will be on preventing ill health, working in partnership with people and their local community to see how best their needs can be met and providing a broader range of services at local level supported by GPs, specialist nurses and therapy professionals, social care staff and hospital specialists, and in developing Torbay Hospital as a hub for specialist care and advice. The stated purpose of TSDFT is:

***To provide high quality, safe health and social care at the right time, in the right place to support the people of Torbay and south Devon to live their lives to the full.***

Mairead McAlinden, Chief Executive of Torbay and South Devon NHS Foundation Trust said:

***"I am proud and privileged to be one of 6,000 staff joining this exciting new organisation, and I am personally committed to making sure we deliver the improvements that local people have asked for and deserve.***

***"This merger will enable us to harness the energy and skills of the dedicated staff who will be at the heart of this new integrated care***

*organisation and to implement best care, learning from local and national best practice”*

*“It will allow us to use the funding we receive – around £350m per year – in a way that is more responsive and innovative, working for and with people to deliver care to better meet their needs. Our ambition is that we will be able to better help people to maintain and improve their independence and to support them to manage their conditions as the experts by experience. It will allow us to be more flexible about where services are provided and to increase the range of care provided in and by local communities.”*

The overall plan is to work more closely with local communities, local voluntary organisations, and to support people at home or as close to home as possible. There are a number of projects in development to pilot new and improved ways of working. We will share details of these with our partners and we will also work with the media to ensure local people are well informed.

More information about the new organisation is available on the website

[www.torbayandsouthdevon.nhs.uk](http://www.torbayandsouthdevon.nhs.uk)

For individual questions, you may e-mail [ico.team@nhs.net](mailto:ico.team@nhs.net)



## National Hate Crime Awareness Week

This event runs from Saturday 10th October to Saturday 17th October 2015. The purpose of the Hate Crime Awareness Week is to tackle Hate Crime issues by raising awareness of what Hate Crime is and how to respond to it, encourage reporting, and promote local support services and resources.

Devon and Cornwall Police along with our partner agencies will be working with local groups and community organisations to host a series of Hate Crime Awareness activities throughout Devon in the

week leading up to the International Day of Hope and Remembrance for those affected by Hate Crime.

Devon is proud to be ranked as one of the safest counties in the UK but we want that to be true for everyone, irrespective of gender, gender-orientation, race, religion, sexual orientation or disability.

Please visit [www.devon.gov.uk](http://www.devon.gov.uk) for further details of events being held in the area or email PC 5915 Kate Marks from the Diverse Communities Team: [diversitydevon@devonandcornwall.pnn.police.uk](mailto:diversitydevon@devonandcornwall.pnn.police.uk)

Torbay and South Devon   
NHS Foundation Trust

## Patient Discharge Update

Outbreaks of diarrhoea and vomiting at Torbay Hospital can lead to ward or bay closures. During any closure we will have patients on the ward who will be medically fit for discharge when the ward/bay reopens.

Our aim is to allow the patient to return to a more appropriate area as soon as possible.

We understand that nursing/residential homes have to do a risk assessment before the patient is discharged and care home staff would not want to come to closed wards and risk taking Norovirus back to the homes.

The infection control and support team, along with bed management and ward managers, will do a risk assessment on the patient's infection status for Norovirus and allocate a clean area where the assessment can take place as soon as possible.

This system was trialled earlier this year and worked really well.

We would also ask for your assistance in helping us prevent infections by contacting any area within the hospital that your clients/patients are attending to let them know if you have an outbreak of diarrhoea and/or vomiting.

If you have two or more cases of diarrhoea and/or vomiting in your care home please remember that you need to contact Public Health England on 0300 303 8162.

Thank you for your help with this issue.



## Mutual Caring Project

The project is funded by Ageing Well in Brixham, Paignton and Torquay. The idea for the project came from Mencap's existing Torbay Older Family Carers' Initiative which works with people aged 60 or over who are caring for someone with a learning disability. Staff noticed that, in some situations, as the carer became older they were becoming more reliant on the person they were caring for to help them with tasks.

The Mutual Caring project hopes to highlight some of the situations in Torbay where someone aged 50 or over is involved in mutual caring, where at least one of the people involved has a learning disability. The caring responsibilities of the person who is traditionally seen as the 'cared for' may be minor, but we want to raise the awareness of co-dependency.

We aim to do this by working with some families that Mencap have already identified through the Older Family Carers' Initiative, but also by working with professionals who may be coming into contact with situations where this is taking place. We also plan to work with carers' services to make sure they are accessible to carers with a learning disability.

To find out more, please contact Emma Young on 07852 546530 or email [emmajane.young@mencap.org.uk](mailto:emmajane.young@mencap.org.uk)



## Carers' Chance to co-design new short breaks

Carers of people with a learning disability have been working alongside staff at Torbay and South Devon

NHS Foundation Trust to help co-design new short break services.

Meetings have been held over the last few months to look at new options for respite care and short breaks, with a view to finding an alternative to the current service at Baytree House.

The aim has been to create a wider breadth of sustainable services that meet people's needs now and in the future.

Dr Sonja Manton, who is leading the co-design for the Trust said: ***"Carers are experts in their care and that of their loved ones and we wanted to work with them to develop a range of new short breaks that will benefit them for years to come."***

***"We have held a number of engagement sessions with carers to understand their thoughts and ideas around new short break options."***

***"By working together with carers we believe we can design a range of alternatives that not only give people more choice and control over their chosen short break but ensure quality, reliability and sustainability in our services."***

A formal consultation on the options created by carers will be held later this year. Baytree House will remain fully operation until any new provision has been established.

For further information on the consultation or co-design process please visit [www.tsdhct.nhs.uk](http://www.tsdhct.nhs.uk)

## Short Break Options in Torbay event

This event is taking place on Thursday 22<sup>nd</sup> October, in the Burdett room, Riviera Centre, Torquay.

We would like to invite Providers to present the short break options they are able to provide in Torbay to families and service users.

Providers will have approximately 10 minutes to present and will then be able to set up a stall so that families and service users can ask any questions they may have.

There will be 2 sessions on the day. Session 1 is 10.30 – 12.30p.m. Session 2 is 7.00 – 9.00p.m. Providers will be required to attend both sessions.

If you would like to book a place, please email ([lisa.butcher@torbay.gov.uk](mailto:lisa.butcher@torbay.gov.uk))



## Flu Special – Keep well and protect your residents/clients

### Flu is a serious illness

There are around 75,000 GP consultations, 27,000 hospitalisations and 900 intensive care admissions for flu in England each year. In 2012-13 there were estimated to be 11,000 deaths attributable to influenza.

Flu is especially serious for those with underlying health conditions, including those in long term care. Vaccination is the best way of protecting people, including the over-65s, those with underlying health conditions, and frontline care staff.

### How to obtain vaccination

Vaccination is free to all 65 years and over, carers, pregnant women, people with a clinical risk condition, and children 2, 3 and 4 years old. For the first time school children in years 1 & 2 will be offered flu vaccine. This year chronic respiratory, cardiac and neurological are being particularly target.

More information on eligibility can be found at: [www.nhs.uk/conditions/vaccinations/pages/who-should-have-flu-vaccine.aspx](http://www.nhs.uk/conditions/vaccinations/pages/who-should-have-flu-vaccine.aspx)

Frontline care workers should be able to obtain free vaccination, either arranged or reimbursed through their employer.

Further information can also be found on the NHS Employers Flu Fighter campaign website:

[www.nhsemployers.org/campaigns/flu-fighter](http://www.nhsemployers.org/campaigns/flu-fighter)

### Vaccination is the best protection

Some of the barriers to vaccination are fear of side-effects. Vaccination has been shown to be the safest and most effective protection against flu.

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## Multi Provider Forum



The last Multi Provider Forum took place on Wednesday 9<sup>th</sup> September 2015 at the Riviera International Centre Torquay, feedback from the morning was very positive.

The Agenda and presentations from the day can be found by clicking on the link below, more information was requested by providers on the day regarding Vanguard and Workforce planning so these documents are also included.

<http://www.torbay.gov.uk/index/yourservices/adults/careproviders/multiproviderforum.htm>

We are looking to hold the next forum at the beginning of January, more information will be sent out shortly, in the meantime if anyone would like more information please contact Lisa Butcher [lisa.butcher@torbay.gov.uk](mailto:lisa.butcher@torbay.gov.uk)

If you have any comments, thoughts or suggestions for future items in the newsletter, please let us know by emailing:

[linda.gibbs@torbay.gov.uk](mailto:linda.gibbs@torbay.gov.uk)