**Request Reference: 17180404**

**Date received: 13 June 2017**

**Date response sent: 5 July 2017**

**Following the publication of our 'how to' guide -**[**How to make weight-loss services work for men**](http://www.menshealthforum.org.uk/best-practice-weight-loss-programmes?utm_source=MHF%20FoIs&utm_medium=email&utm_campaign=Men%20and%20Obesity%20FOI)**, the Men's Health Forum is working on a project to assess both the scale and impact of male-tailored weight management services and the impact of the best practice advice on those services – and how this has changed since our last FOI on this topic covering 2013/14.**

**As part of this we are keen to understand what's going on in local areas around the UK, particularly any new practice that can be evaluated or shared with other areas.**

**To this end, please can you answer the following questions about gender and weight management programmes in your local authority area:**

**1. Do you currently have provision for commissioned (incl. co-commissioned) or directly delivered tier 2 weight management services in place:**

|  |  |
| --- | --- |
| **For adults** | Yes |
| **For children** | Yes (as part of family intervention) |
| **For families** | Yes |

**2. Do you currently have provision for tier 3 weight management services?**

This role is commissioned to Torbay and South Devon NHS Foundation Trust.

To obtain the information you have requested, please contact TSDFT directly, whose contact details are as follows:

Post: Data Access & Disclosure Office

Hengrave House

Torbay Hospital

Lowes Bridge

Torquay TQ2 7AA

Email: [tsdft.foi@nhs.net](mailto:tsdft.foi@nhs.net)

**3. What were numbers of participants by sex for your tier 2 adult weight management services in 2016/17? (or most recent figures available)?**

|  |  |
| --- | --- |
| **Men** | n/a |
| **Women** | n/a |
| **Adults (sex not known** | Q1 – 156 starters  Q2 – 111 starters  Q3 – 62 starters  Q4 – 115 starters |

**4. What were numbers of participants by sex for your tier 3 adult weight management services in 2016/17? (or most recent figures available)?**

|  |  |
| --- | --- |
| **Men** | n/a |
| **Women** | n/a |
| **Adults (sex not known)** | n/a |

**5. What were numbers of participants by sex for your tier 2 children weight management services in 2016/17? (or most recent figures available)?**

|  |  |
| --- | --- |
| **Boys** | n/a |
| **Girls** | n/a |
| **Children (sex not known)** | Included in figures below |

**6. What were numbers of participants by sex for your tier 2 family weight management services in 2016/17? (or most recent figures available)?**

|  |  |
| --- | --- |
| **Men** | N/k |
| **Women** | N/k |
| **Adults (sex not known)** | N/k |
| **Boys** | n/a |
| **Girls** | n/a |
| **Children (sex not known)** | Q1 – 13 starters  Q2 – 2 starters  Q3 – 0 starters  Q4 – 0 starters |

**7. Do your commissioned or directly delivered tier 2 weight management services for adults include:**

|  |  |
| --- | --- |
| **Mixed sex services (men & women)** | Yes |
| **Men only services** | Yes |
| **Women only services** | No |

**8. What special activities, interventions or service design elements (if any) do you have to encourage men to take up adult weight-loss programmes?**

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**9. What special activities, interventions or service design elements (if any) do you have to encourage dads to participate in family weight-loss programmes?**

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