



# Application for **Eat Wise Award**

**If you would like to apply for the Eat Wise Award,  
please complete the following details:-**

**Name of premises:** .....

**Address of premises:** .....

**Telephone number:** .....

**Contact name:** .....

**Can you demonstrate that you have met the following criteria:-**

Milk and water always available as a drink choice.. . . . .

All main courses have at least 2 vegetable choices. . . . .

Smaller child sized portions of healthy standard menu choices are  
always available (and this should be clearly advertised to customers) . . . .

At least 1 fruit choice is available daily. . . . .

There is always an alternative starchy carbohydrate food to  
chips available. . . . .

Appropriate changes have been made, where possible, to cooking  
practice to improve the healthiness of menus (for example;  
lower salt use, altered cooking method etc).. . . . .

Please send your application form to:-

Helen Perkins  
Principal Environmental Health Officer  
Torbay Council  
Roebuck House  
Abbey Road  
Torquay TQ2 5EJ